

Schüler A am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|------------------------|-----------------------|------|----|-------|------|-------|---------|
| 1 | 1 | Trapp, Maximilian | TC Fico Rostock | | 02 | M12 1 | - - | 18:39 | - 18:39 |
| 2 | 8 | Diedrich, Karl | TC Fico Rostock | | 02 | M12 2 | - - | 19:05 | - 19:05 |
| 3 | 5 | Litty, Niklas | LAC Mühl Rosin | | 02 | M12 3 | - - | 21:49 | - 21:49 |
| 4 | 9 | Schütt, Paul Niklas | TC Fico Rostock | | 01 | M12 4 | - - | 22:29 | - 22:29 |
| 5 | 12 | Becker, Carl | Dresden | | 02 | M12 5 | - - | 24:42 | - 24:42 |
| 6 | 2 | Weber, Vanessa | KWSN | | 02 | W12 1 | - - | 24:44 | - 24:44 |
| 7 | 6 | Rambow, Felicitas | | | 02 | W12 2 | - - | 25:06 | - 25:06 |
| 8 | 10 | Müller, Max | | | 02 | M12 6 | - - | 25:45 | - 25:45 |
| 9 | 7 | Liebherr, Marc-Pascal | Güstrower Wasserwacht | | 01 | M12 7 | - - | 27:05 | - 27:05 |
| 10 | 4 | Fichelmann, Emma-Luise | LAC Mühl Rosin | | 02 | W12 3 | - - | 27:19 | - 27:19 |
| 11 | 3 | Kiel, Oliver | | | 01 | M12 8 | - - | 29:04 | - 29:04 |

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Ergebnisliste - M 12-13

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|-----------------------|-----------------------|------|----|-------|------|-------|---------|
| 1 | 1 | Trapp, Maximilian | TC Fico Rostock | | 02 | M12 1 | - - | 18:39 | - 18:39 |
| 2 | 8 | Diedrich, Karl | TC Fico Rostock | | 02 | M12 2 | - - | 19:05 | - 19:05 |
| 3 | 5 | Litty, Niklas | LAC Mühl Rosin | | 02 | M12 3 | - - | 21:49 | - 21:49 |
| 4 | 9 | Schütt, Paul Niklas | TC Fico Rostock | | 01 | M12 4 | - - | 22:29 | - 22:29 |
| 5 | 12 | Becker, Carl | Dresden | | 02 | M12 5 | - - | 24:42 | - 24:42 |
| 6 | 10 | Müller, Max | | | 02 | M12 6 | - - | 25:45 | - 25:45 |
| 7 | 7 | Liebherr, Marc-Pascal | Güstrower Wasserwacht | | 01 | M12 7 | - - | 27:05 | - 27:05 |
| 8 | 3 | Kiel, Oliver | | | 01 | M12 8 | - - | 29:04 | - 29:04 |

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Ergebnisliste - W 12-13

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|------------------------|----------------|------|----|-------|------|-------|---------|
| 1 | 2 | Weber, Vanessa | KWSN | | 02 | W12 1 | - - | 24:44 | - 24:44 |
| 2 | 6 | Rambow, Felicitas | | | 02 | W12 2 | - - | 25:06 | - 25:06 |
| 3 | 4 | Fichelmann, Emma-Luise | LAC Mühl Rosin | | 02 | W12 3 | - - | 27:19 | - 27:19 |

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Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|----------------------|-------------------------|------|----|-------|------|---------|---------|
| 1 | 27 | Buchfink, Max | TC Fico Rostock | | 03 | M10 1 | - - | 9:10 - | 9:10 |
| 2 | 20 | Pierstorf, Tim Ole | DLRG Laage-Kroonskamp | | 04 | M10 2 | - - | 9:31 - | 9:31 |
| 3 | 29 | Fröhlich, Holger | | | 03 | M10 3 | - - | 9:54 - | 9:54 |
| 4 | 25 | Bender, Leonie | | | 04 | W10 1 | - - | 10:05 - | 10:05 |
| 5 | 28 | Altmann, Chris | | | 04 | M10 4 | - - | 10:20 - | 10:20 |
| 6 | 21 | Dressler, Frans | Jion e.V. | | 04 | M10 5 | - - | 10:37 - | 10:37 |
| 7 | 24 | Beckhoff, Emma | | | 03 | W10 2 | - - | 10:46 - | 10:46 |
| 8 | 19 | Hochhausen, Vivien | Tri Sport Schwerin | | 04 | W10 3 | - - | 10:54 - | 10:54 |
| 9 | 30 | Hansen, Marie Helene | Hanse Schwimmverein Ros | | 04 | W10 4 | - - | 13:27 - | 13:27 |

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Ergebnisliste - M 10-11

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|--------------------|-----------------------|------|----|-------|------|---------|---------|
| 1 | 27 | Buchfink, Max | TC Fico Rostock | | 03 | M10 1 | - - | 9:10 - | 9:10 |
| 2 | 20 | Pierstorf, Tim Ole | DLRG Laage-Kroonskamp | | 04 | M10 2 | - - | 9:31 - | 9:31 |
| 3 | 29 | Fröhlich, Holger | | | 03 | M10 3 | - - | 9:54 - | 9:54 |
| 4 | 28 | Altmann, Chris | | | 04 | M10 4 | - - | 10:20 - | 10:20 |
| 5 | 21 | Dressler, Frans | Jion e.V. | | 04 | M10 5 | - - | 10:37 - | 10:37 |

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Ergebnisliste - W 10-11

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|----------------------|-------------------------|------|----|-------|------|---------|---------|
| 1 | 25 | Bender, Leonie | | | 04 | W10 1 | - - | 10:05 - | 10:05 |
| 2 | 24 | Beckhoff, Emma | | | 03 | W10 2 | - - | 10:46 - | 10:46 |
| 3 | 19 | Hochhausen, Vivien | Tri Sport Schwerin | | 04 | W10 3 | - - | 10:54 - | 10:54 |
| 4 | 30 | Hansen, Marie Helene | Hanse Schwimmverein Ros | | 04 | W10 4 | - - | 13:27 - | 13:27 |

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Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|--------------------------|--------------------|------|----|-------|------|-------|---------|
| 1 | 43 | Hierundar, Ruben | TC Fico Rostock | | 05 | M08 1 | - - | 10:35 | - 10:35 |
| 2 | 44 | Hansen, Mattis Jona | SV Olympia Rostock | | 06 | M08 2 | - - | 11:05 | - 11:05 |
| 3 | 46 | Becker, Fritz | Dresden | | 05 | M08 3 | - - | 11:07 | - 11:07 |
| 4 | 45 | Nöske, Benino | TC Fico Rostock | | 06 | M08 4 | - - | 11:08 | - 11:08 |
| 5 | 42 | Hornburg, Charlotte | Müritzsportclub | | 05 | W08 1 | - - | 11:09 | - 11:09 |
| 6 | 40 | Weyland, Hagen | Ratzeburger SV | | 05 | M08 5 | - - | 11:10 | - 11:10 |
| 7 | 47 | Winkelmann, Bela Nikolai | Winkelmann&Friends | | 06 | M08 6 | - - | 11:11 | - 11:11 |
| 8 | 39 | Weyland, Freya | Ratzeburger SV | | 05 | W08 2 | - - | 11:12 | - 11:12 |
| 9 | 38 | Schwanz, Maximilian | Fischerweg | | 05 | M08 7 | - - | 11:16 | - 11:16 |
| 10 | 41 | Hochhausen, Leonard | Tri Sport Schwerin | | 06 | M08 8 | - - | 11:31 | - 11:31 |
| 11 | 37 | Papenhagen, Meike | LAC Mühl Rosin | | 06 | W08 3 | - - | 12:13 | - 12:13 |

Schüler C am 09.08.2014

Ergebnisliste - M 08-09

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|--------------------------|--------------------|------|----|-------|------|-------|---------|
| 1 | 43 | Hierundar, Ruben | TC Fico Rostock | | 05 | M08 1 | - - | 10:35 | - 10:35 |
| 2 | 44 | Hansen, Mattis Jona | SV Olympia Rostock | | 06 | M08 2 | - - | 11:05 | - 11:05 |
| 3 | 46 | Becker, Fritz | Dresden | | 05 | M08 3 | - - | 11:07 | - 11:07 |
| 4 | 45 | Nöske, Benino | TC Fico Rostock | | 06 | M08 4 | - - | 11:08 | - 11:08 |
| 5 | 40 | Weyland, Hagen | Ratzeburger SV | | 05 | M08 5 | - - | 11:10 | - 11:10 |
| 6 | 47 | Winkelmann, Bela Nikolai | Winkelmann&Friends | | 06 | M08 6 | - - | 11:11 | - 11:11 |
| 7 | 38 | Schwanz, Maximilian | Fischerweg | | 05 | M08 7 | - - | 11:16 | - 11:16 |
| 8 | 41 | Hochhausen, Leonard | Tri Sport Schwerin | | 06 | M08 8 | - - | 11:31 | - 11:31 |

Schüler C am 09.08.2014

Ergebnisliste - W 08-09

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|---------------------|-----------------|------|----|-------|------|-------|---------|
| 1 | 42 | Hornburg, Charlotte | Müritzsportclub | | 05 | W08 1 | - - | 11:09 | - 11:09 |
| 2 | 39 | Weyland, Freya | Ratzeburger SV | | 05 | W08 2 | - - | 11:12 | - 11:12 |
| 3 | 37 | Papenhagen, Meike | LAC Mühl Rosin | | 06 | W08 3 | - - | 12:13 | - 12:13 |

Schüler D am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|-----------------------|--------------------|------|----|-------|------|---------|---------|
| 1 | 58 | Gennerich, Nick Lucas | GSC-09 | | 07 | M06 1 | - - | 9:01 - | 9:01 |
| 2 | 60 | Gräfe, Malte | SV Olympia Rostock | | 07 | M06 2 | - - | 9:04 - | 9:04 |
| 3 | 57 | Werner, Tim | | | 07 | M06 3 | - - | 9:08 - | 9:08 |
| 4 | 54 | Portun, Julius | Tri Sport Schwerin | | 07 | M06 4 | - - | 9:17 - | 9:17 |
| 5 | 59 | Willhöft, Sina | Tri Sport Schwerin | | 07 | W06 1 | - - | 9:19 - | 9:19 |
| 6 | 56 | Schwanz, Michael | Fischerweg | | 07 | M06 5 | - - | 9:24 - | 9:24 |
| 7 | 55 | Girod, Liea | | | 07 | W06 2 | - - | 10:03 - | 10:03 |

Schüler D am 09.08.2014

Ergebnisliste - M 06-07

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|-----------------------|--------------------|------|----|-------|------|--------|---------|
| 1 | 58 | Gennerich, Nick Lucas | GSC-09 | | 07 | M06 1 | - - | 9:01 - | 9:01 |
| 2 | 60 | Gräfe, Malte | SV Olympia Rostock | | 07 | M06 2 | - - | 9:04 - | 9:04 |
| 3 | 57 | Werner, Tim | | | 07 | M06 3 | - - | 9:08 - | 9:08 |
| 4 | 54 | Portun, Julius | Tri Sport Schwerin | | 07 | M06 4 | - - | 9:17 - | 9:17 |
| 5 | 56 | Schwanz, Michael | Fischerweg | | 07 | M06 5 | - - | 9:24 - | 9:24 |

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Ergebnisliste - W 06-07

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Run | Endzeit |
|-----|-----|----------------|--------------------|------|----|-------|------|---------|---------|
| 1 | 59 | Willhöft, Sina | Tri Sport Schwerin | | 07 | W06 1 | - - | 9:19 - | 9:19 |
| 2 | 55 | Girod, Liea | | | 07 | W06 2 | - - | 10:03 - | 10:03 |

Regionalliga Nord (Damen) am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | | Bike | | Run | | Endzeit | |
|-----|-----|--------------------------|-------------------------|------|----|-----|------|-------|------|---------|-----|---------|---------|---------|
| 1 | 86 | Konczalla, Leonie | Kaifu-Tri-Team II | HH | 91 | W20 | 1 | 24:08 | 11 | 1:07:33 | 1 | 39:48 | 2 | 2:11:29 |
| 2 | 94 | Kubillus, Rike | TSV Bargteheide Tri | SH | 94 | W20 | 2 | 21:28 | 1 | 1:10:38 | 3 | 43:47 | 10 | 2:15:53 |
| 3 | 103 | Fullbrandt, Annalena | Triabolos Hamburg Dam | HH | 82 | W30 | 1 | 23:53 | 9 | 1:11:19 | 5 | 42:41 | 5 | 2:17:53 |
| 4 | 91 | Litzenberg, Anne-Kathrin | TriElfen Schwerin | MV | 91 | W20 | 3 | 27:17 | 22 | 1:13:59 | 12 | 36:42 | 1 | 2:17:58 |
| 5 | 102 | Schmidt, Katharina | Triabolos Hamburg Dam | HH | 80 | W30 | 2 | 25:07 | 16 | 1:11:41 | 6 | 42:38 | 4 | 2:19:26 |
| 6 | 93 | Wittwer, Anja | TriElfen Schwerin | MV | 85 | W25 | 1 | 24:53 | 12 | 1:12:18 | 7 | 42:42 | 6 | 2:19:53 |
| 7 | 117 | Marquardt, Elisabeth | Triathlon Team Braunsch | NI | 91 | W20 | 4 | 24:57 | 14 | 1:11:18 | 4 | 46:44 | 19 | 2:22:59 |
| 8 | 92 | Willhöft, Andrea | TriElfen Schwerin | MV | 72 | W40 | 1 | 24:55 | 13 | 1:10:16 | 2 | 48:09 | 22 | 2:23:20 |
| 9 | 100 | Weber, Nina | Lehrter SV | NI | 80 | W30 | 3 | 22:42 | 6 | 1:15:40 | 14 | 45:27 | 16 | 2:23:49 |
| 10 | 114 | Reinefeld, Swantje | Triathlon Team Braunsch | NI | 83 | W30 | 4 | 28:21 | 26 | 1:12:34 | 10 | 43:23 | 9 | 2:24:18 |
| 11 | 104 | Kastmann, Vanessa | Triabolos Hamburg Dam | HH | 79 | W35 | 1 | 27:51 | 24 | 1:15:15 | 13 | 41:26 | 3 | 2:24:32 |
| 12 | 115 | Lehmann, Andrea | Triathlon Team Braunsch | NI | 88 | W25 | 2 | 22:49 | 7 | 1:17:44 | 17 | 44:12 | 11 | 2:24:45 |
| 13 | 87 | Arnold, Zuni | Kaifu-Tri-Team II | HH | 77 | W35 | 2 | 26:14 | 21 | 1:12:21 | 8 | 46:38 | 18 | 2:25:13 |
| 14 | 106 | Zielke, Uta | Triathlon Team Buxtehud | NI | 71 | W40 | 2 | 28:02 | 25 | 1:12:23 | 9 | 44:55 | 14 | 2:25:20 |
| 15 | 99 | Weber, Dagmar | Lehrter SV | NI | 91 | W20 | 5 | 22:09 | 5 | 1:18:40 | 20 | 44:46 | 13 | 2:25:35 |
| 16 | 101 | Nieschlag, Nele | Lehrter SV | NI | 94 | W20 | 6 | 22:04 | 3 | 1:16:43 | 16 | 47:31 | 20 | 2:26:18 |
| 17 | 88 | Witsch, Julia | Kaifu-Tri-Team II | HH | 84 | W30 | 5 | 24:58 | 15 | 1:18:16 | 18 | 43:08 | 8 | 2:26:22 |
| 18 | 108 | Noack, Josephine | Triathlon Team Buxtehud | NI | 95 | W18 | 1 | - | - | 1:43:23 | - | 44:18 | 12 | 2:27:41 |
| 19 | 105 | Dake, Swantje | Triabolos Hamburg Dam | HH | 78 | W35 | 3 | 25:13 | 17 | 1:13:56 | 11 | 48:33 | 23 | 2:27:42 |
| 20 | 89 | von Hubatius, Ilka | Kaifu-Tri-Team II | HH | 85 | W25 | 3 | 25:26 | 18 | 1:19:33 | 22 | 44:56 | 15 | 2:29:55 |
| 21 | 110 | Brack, Lisa | 1. TCO Die Bärinnen | NI | 83 | W30 | 6 | 23:52 | 8 | 1:23:14 | 27 | 42:58 | 7 | 2:30:04 |
| 22 | 109 | Klindworth, Alica | Triathlon Team Buxtehud | NI | 95 | W18 | 2 | 22:05 | 4 | 1:18:35 | 19 | 50:07 | 25 | 2:30:47 |
| 23 | 107 | Rösler, Viviane | Triathlon Team Buxtehud | NI | 88 | W25 | 4 | 26:07 | 20 | 1:20:20 | 23 | 46:12 | 17 | 2:32:39 |
| 24 | 113 | Wessels, Elke | 1. TCO Die Bärinnen | NI | 67 | W45 | 1 | 27:35 | 23 | 1:19:32 | 21 | 47:56 | 21 | 2:35:03 |
| 25 | 90 | Börner, Janikke | TriElfen Schwerin | MV | 86 | W25 | 5 | 21:41 | 2 | 1:21:38 | 26 | 55:14 | 28 | 2:38:33 |
| 26 | 111 | Leistikow, Rosanna | 1. TCO Die Bärinnen | NI | 90 | W20 | 7 | 28:23 | 27 | 1:23:42 | 28 | 48:39 | 24 | 2:40:44 |
| 27 | 97 | Rath, Anke | TSV Bargteheide Tri | SH | 69 | W45 | 2 | 28:24 | 28 | 1:20:52 | 24 | 51:40 | 26 | 2:40:56 |
| 28 | 95 | Schott, Lena | TSV Bargteheide Tri | SH | 94 | W20 | 8 | 23:58 | 10 | 1:21:16 | 25 | 58:04 | 29 | 2:43:18 |
| 29 | 112 | Vossig, Tatjana | 1. TCO Die Bärinnen | NI | 67 | W45 | 3 | 25:33 | 19 | 1:16:10 | 15 | 1:04:02 | 30 | 2:45:45 |
| 30 | 116 | Huhn, Mirja | Triathlon Team Braunsch | NI | 87 | W25 | 6 | 33:10 | 29 | 1:26:12 | 29 | 53:26 | 27 | 2:52:48 |

| Regionalliga Nord (Damen) am 09.08.2014 | | | | | | | |
|---|-----------------------------|--------|-----|--------------------------|----|-----|-----|
| Mannschaftswertung | | | | | | | |
| Rng | Mannschaft | Punkte | Snr | Name, Vorname | Jg | Ak | Rng |
| 1 | TriElfen Schwerin | 18 | 91 | Litzenberg, Anne-Kathrin | 91 | W20 | 4 |
| | | | 93 | Wittwer, Anja | 85 | W25 | 6 |
| | | | 92 | Willhöft, Andrea | 72 | W40 | 8 |
| 2 | Triabolos Hamburg Damen | 19 | 103 | Fullbrandt, Annalena | 82 | W30 | 3 |
| | | | 102 | Schmidt, Katharina | 80 | W30 | 5 |
| | | | 104 | Kastmann, Vanessa | 79 | W35 | 11 |
| 3 | Triathlon Team Braunschweig | 29 | 117 | Marquardt, Elisabeth | 91 | W20 | 7 |
| | | | 114 | Reinefeld, Swantje | 83 | W30 | 10 |
| | | | 115 | Lehmann, Andrea | 88 | W25 | 12 |
| 4 | Kaifu-Tri-Team II | 31 | 86 | Konczalla, Leonie | 91 | W20 | 1 |
| | | | 87 | Arnold, Zuni | 77 | W35 | 13 |
| | | | 88 | Witsch, Julia | 84 | W30 | 17 |
| 5 | Lehrter SV | 40 | 100 | Weber, Nina | 80 | W30 | 9 |
| | | | 99 | Weber, Dagmar | 91 | W20 | 15 |
| | | | 101 | Nieschlag, Nele | 94 | W20 | 16 |
| 6 | Triathlon Team Buxtehude Da | 54 | 106 | Zielke, Uta | 71 | W40 | 14 |
| | | | 108 | Noack, Josephine | 95 | W18 | 18 |
| | | | 109 | Klindworth, Alica | 95 | W18 | 22 |
| 7 | TSV Bargteheide Tri | 57 | 94 | Kubillus, Rike | 94 | W20 | 2 |
| | | | 97 | Rath, Anke | 69 | W45 | 27 |
| | | | 95 | Schott, Lena | 94 | W20 | 28 |
| 8 | 1. TCO Die Bärinnen | 71 | 110 | Brack, Lisa | 83 | W30 | 21 |
| | | | 113 | Wessels, Elke | 67 | W45 | 24 |
| | | | 111 | Leistikow, Rosanna | 90 | W20 | 26 |

Regionalliga Nord (Herren) am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | | Bike | | Run | | Endzeit | |
|-----|-----|------------------------|--------------------------|------|----|-----|------|-------|------|---------|-----|-------|---------|---------|
| 1 | 37 | Schröter, Max | Triathlon Team Buxtehude | NI | 93 | M20 | 1 | 21:47 | 22 | 1:03:33 | 11 | 31:31 | 1 | 1:56:51 |
| 2 | 16 | de Lannoy, Marcel | Tri Endurance Germany | SH | 90 | M20 | 2 | 20:15 | 3 | 1:02:11 | 3 | 34:48 | 4 | 1:57:14 |
| 3 | 2 | Svensson, Jan | USC Kiel | SH | 82 | M30 | 1 | 20:28 | 9 | 1:03:29 | 10 | 34:20 | 2 | 1:58:17 |
| 4 | 6 | Hübenthal, Eike | Vfl Wolfsburg | NI | 83 | M30 | 2 | 22:42 | 30 | 1:02:17 | 4 | 34:49 | 5 | 1:59:48 |
| 5 | 17 | de Lannoy, Jean-Pierre | Tri Endurance Germany | SH | 89 | M25 | 1 | 21:08 | 14 | 1:02:31 | 5 | 36:16 | 13 | 1:59:55 |
| 6 | 31 | van Stevendaal, Udo | TSV Bargteheide Tri | SH | 68 | M45 | 1 | 23:42 | 47 | 1:00:21 | 1 | 36:11 | 12 | 2:00:14 |
| 7 | 12 | Weu, Dennis | Tri Team tri Zack Rostoc | MV | 91 | M20 | 3 | 19:26 | 1 | 1:05:08 | 23 | 35:59 | 9 | 2:00:33 |
| 8 | 51 | Kores, Robert | Tri Team Hamburg | HH | 86 | M25 | 2 | 22:39 | 28 | 1:03:41 | 12 | 34:36 | 3 | 2:00:56 |
| 9 | 32 | Stahnke, Johann | TSV Bargteheide Tri | SH | 92 | M20 | 4 | 20:24 | 7 | 1:05:06 | 22 | 35:39 | 7 | 2:01:09 |
| 10 | 15 | Winkelmann, Thomas | Tri Team tri Zack Rostoc | MV | 82 | M30 | 3 | 20:16 | 4 | 1:04:54 | 19 | 36:01 | 10 | 2:01:11 |
| 11 | 13 | Kruse, Dennis | Tri Team tri Zack Rostoc | MV | 89 | M25 | 3 | 20:26 | 8 | 1:03:11 | 8 | 37:48 | 30 | 2:01:25 |
| 12 | 53 | Röhrken, Golo | Tri Team Hamburg | HH | 88 | M25 | 4 | 21:14 | 16 | 1:02:51 | 6 | 37:23 | 26 | 2:01:28 |
| 13 | 1 | Jörgensen, Birger | USC Kiel | SH | 82 | M30 | 4 | 20:22 | 6 | 1:03:12 | 9 | 37:55 | 31 | 2:01:29 |
| 14 | 19 | Nimczewski, Nils | Tri Endurance Germany | SH | 85 | M25 | 5 | 22:10 | 24 | 1:03:06 | 7 | 36:24 | 14 | 2:01:40 |
| 15 | 58 | Günther, Fabian | Triabolos Hamburg | HH | 94 | M20 | 5 | 22:07 | 23 | 1:03:43 | 13 | 36:40 | 18 | 2:02:30 |
| 16 | 8 | Kaminsky, Carlo | Vfl Wolfsburg | NI | 85 | M25 | 6 | 19:45 | 2 | 1:05:27 | 27 | 37:47 | 29 | 2:02:59 |
| 17 | 20 | Pohle, Andreas | Tri Endurance Germany | SH | 90 | M20 | 6 | 20:58 | 12 | 1:05:35 | 28 | 36:35 | 16 | 2:03:08 |
| 18 | 14 | Reimann, Frank | Tri Team tri Zack Rostoc | MV | 79 | M35 | 1 | 22:45 | 33 | 1:04:49 | 18 | 35:50 | 8 | 2:03:24 |
| 19 | 22 | Anderson, Scott | ESV Eintracht Hameln I | NI | 96 | M18 | 1 | 22:13 | 25 | 1:05:09 | 24 | 36:28 | 15 | 2:03:50 |
| 20 | 55 | Hetmank, Frank | Tri Team Hamburg | HH | 77 | M35 | 2 | 21:36 | 20 | 1:05:47 | 31 | 36:46 | 20 | 2:04:09 |
| 21 | 61 | Drosdowski, Andreas | LAV Husum | SH | 71 | M40 | 1 | 23:43 | 48 | 1:03:45 | 14 | 37:00 | 22 | 2:04:28 |
| 22 | 21 | Reckemeier, Claas | ESV Eintracht Hameln I | NI | 96 | M18 | 2 | 21:22 | 17 | 1:06:16 | 36 | 36:59 | 21 | 2:04:37 |
| 23 | 24 | Ender, Björn | ESV Eintracht Hameln I | NI | 85 | M25 | 7 | 22:19 | 26 | 1:05:43 | 29 | 36:43 | 19 | 2:04:45 |
| 24 | 18 | Langfeld, Peter | Tri Endurance Germany | SH | 72 | M40 | 2 | 25:25 | 58 | 1:03:57 | 15 | 36:09 | 11 | 2:05:31 |
| 25 | 52 | Steindorf, Niels | Tri Team Hamburg | HH | 88 | M25 | 8 | 23:16 | 44 | 1:00:51 | 2 | 41:52 | 60 | 2:05:59 |
| 26 | 38 | Horst, Lukas | Triathlon Team Buxtehude | NI | 92 | M20 | 7 | 21:30 | 18 | 1:05:22 | 25 | 39:15 | 41 | 2:06:07 |
| 27 | 10 | Simon, Alexander | Vfl Wolfsburg | NI | 96 | M18 | 3 | 20:53 | 11 | 1:04:18 | 16 | 41:08 | 57 | 2:06:19 |
| 28 | 73 | Elfers, Julian | Stader SV Team | NI | 94 | M20 | 8 | 21:32 | 19 | 1:07:14 | 43 | 37:37 | 28 | 2:06:23 |
| 29 | 26 | Kehl, Steve | Hannover 96 II | NI | 81 | M30 | 5 | 24:45 | 52 | 1:04:31 | 17 | 37:22 | 25 | 2:06:38 |
| 30 | 23 | Grabbe, Cordt | ESV Eintracht Hameln I | NI | 78 | M35 | 3 | 22:47 | 34 | 1:05:51 | 32 | 38:04 | 34 | 2:06:42 |
| 31 | 36 | Richters, Dirk | Triathlon Team Buxtehude | NI | 89 | M25 | 9 | 22:41 | 29 | 1:06:29 | 39 | 37:57 | 32 | 2:07:07 |
| 32 | 80 | Walz, Christian | LC Hansa Stuhr Tri-Wölf | NI | 71 | M40 | 3 | 20:20 | 5 | 1:07:54 | 49 | 39:20 | 42 | 2:07:34 |
| 33 | 56 | Diller, Johannes | Triabolos Hamburg | HH | 89 | M25 | 10 | 21:37 | 21 | 1:06:47 | 40 | 39:32 | 44 | 2:07:56 |
| 34 | 9 | Becker, Stefan | Vfl Wolfsburg | NI | 94 | M20 | 9 | 23:07 | 42 | 1:08:01 | 50 | 37:00 | 22 | 2:08:08 |
| 35 | 25 | Behrens, Daniel | ESV Eintracht Hameln I | NI | 86 | M25 | 11 | 21:04 | 13 | 1:07:21 | 44 | 40:08 | 49 | 2:08:33 |
| 36 | 72 | Tiedemann, Morten | Stader SV Team | NI | 86 | M25 | 12 | 23:02 | 40 | 1:05:25 | 26 | 40:11 | 50 | 2:08:38 |
| 37 | 76 | Neubauer, Jan | LC Hansa Stuhr Tri-Wölf | NI | 79 | M35 | 4 | 23:15 | 43 | 1:04:56 | 20 | 40:34 | 54 | 2:08:45 |
| 38 | 65 | Nothbaar, Jan Hendrik | LAV Husum | SH | 91 | M20 | 10 | 22:22 | 27 | 1:06:04 | 35 | 40:25 | 53 | 2:08:51 |
| 39 | 7 | Bock, Fabian | Vfl Wolfsburg | NI | 75 | M35 | 5 | 21:10 | 15 | 1:07:43 | 45 | 40:13 | 51 | 2:09:06 |
| 40 | 42 | Terörde, Frederic | Triathlon Team Braunsch | NI | 94 | M20 | 11 | 23:18 | 45 | 1:05:05 | 21 | 40:57 | 56 | 2:09:20 |
| 41 | 59 | Peppel, Andreas | Triabolos Hamburg | HH | 78 | M35 | 6 | 23:05 | 41 | 1:06:19 | 37 | 40:03 | 48 | 2:09:27 |
| 42 | 43 | Schläger, Marcel | Triathlon Team Braunsch | NI | 81 | M30 | 6 | 25:16 | 57 | 1:05:45 | 30 | 38:31 | 37 | 2:09:32 |
| 43 | 3 | Menleey, Hilton | USC Kiel | SH | 63 | M50 | 1 | 23:33 | 46 | 1:08:29 | 52 | 37:31 | 27 | 2:09:33 |
| 44 | 62 | Hansen, Jannek | LAV Husum | SH | 89 | M25 | 13 | 22:59 | 39 | 1:08:12 | 51 | 38:28 | 36 | 2:09:39 |
| 45 | 28 | Lange, Ulf | Hannover 96 II | NI | 80 | M30 | 7 | 22:44 | 32 | 1:07:53 | 48 | 39:12 | 40 | 2:09:49 |
| 46 | 44 | Martens, Till | Triathlon Team Braunsch | NI | 83 | M30 | 8 | 24:07 | 50 | 1:06:55 | 42 | 39:11 | 39 | 2:10:13 |
| 47 | 60 | Trocha, Benjamin | Triabolos Hamburg | HH | 80 | M30 | 9 | 25:07 | 55 | 1:06:03 | 34 | 39:56 | 47 | 2:11:06 |
| 48 | 39 | Heise, Johannes | Triathlon Team Buxtehude | NI | 95 | M18 | 4 | 22:50 | 37 | 1:07:43 | 45 | 40:49 | 55 | 2:11:22 |
| 49 | 11 | Berndt, Julian | Tri Team tri Zack Rostoc | MV | 95 | M18 | 5 | 22:48 | 35 | 1:05:57 | 33 | 43:09 | 64 | 2:11:54 |
| 50 | 71 | Straube, Konrad | Stader SV Team | NI | 84 | M30 | 10 | 22:52 | 38 | 1:09:19 | 54 | 40:17 | 52 | 2:12:28 |
| 51 | 57 | Göttsche, Sören | Triabolos Hamburg | HH | 85 | M25 | 14 | 25:04 | 54 | 1:09:53 | 57 | 38:00 | 33 | 2:12:57 |
| 52 | 27 | Diedrichsen, Malte | Hannover 96 II | NI | 85 | M25 | 15 | 20:38 | 10 | 1:07:44 | 47 | 44:45 | 68 | 2:13:07 |
| 53 | 78 | Sebrantke, Oliver | LC Hansa Stuhr Tri-Wölf | NI | 76 | M35 | 7 | 27:51 | 67 | 1:10:23 | 59 | 35:06 | 6 | 2:13:20 |
| 54 | 79 | Schwarzer, Kay | LC Hansa Stuhr Tri-Wölf | NI | 79 | M35 | 8 | 24:50 | 53 | 1:06:27 | 38 | 42:20 | 62 | 2:13:37 |
| 55 | 41 | Bartsch, Markus | Triathlon Team Braunsch | NI | 87 | M25 | 16 | 26:38 | 65 | 1:11:07 | 62 | 36:38 | 17 | 2:14:23 |
| 56 | 84 | Wüstefeld, Jonas | TSV Germania Helmsted | NI | 96 | M18 | 6 | 27:56 | 68 | 1:08:59 | 53 | 38:05 | 35 | 2:15:00 |
| 57 | 64 | Oestergaard, Jesko | LAV Husum | SH | 74 | M40 | 4 | 25:35 | 62 | 1:10:03 | 58 | 39:23 | 43 | 2:15:01 |
| 58 | 40 | Moritz, Wanja | Triathlon Team Buxtehude | NI | 85 | M25 | 17 | 25:48 | 63 | 1:11:31 | 63 | 39:00 | 38 | 2:16:19 |
| 59 | 82 | Huth, Kai Uwe | TSV Germania Helmsted | NI | 76 | M35 | 9 | 25:27 | 59 | 1:13:37 | 68 | 37:20 | 24 | 2:16:24 |
| 60 | 81 | Barbarito, Carlo | TSV Germania Helmsted | NI | 76 | M35 | 10 | 24:28 | 51 | 1:10:47 | 60 | 42:21 | 63 | 2:17:36 |

Regionalliga Nord (Herren) am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | | Bike | | Run | | Endzeit |
|-----|-----|---------------------|-------------------------|------|----|--------|-------|----|---------|----|-------|----|---------|
| 61 | 4 | Wilker, Sebastian | USC Kiel | SH | 84 | M30 11 | 22:43 | 31 | 1:10:52 | 61 | 44:10 | 67 | 2:17:45 |
| 62 | 45 | Henke, Hauke | Triathlon Team Braunsch | NI | 89 | M25 18 | 29:10 | 72 | 1:09:24 | 55 | 39:38 | 45 | 2:18:12 |
| 63 | 83 | Wüstefeld, Tim | TSV Germania Helmsted | NI | 93 | M20 12 | 25:09 | 56 | 1:06:52 | 41 | 46:23 | 70 | 2:18:24 |
| 64 | 74 | Elfers, Jonas | Stader SV Team | NI | 95 | M18 7 | 23:50 | 49 | 1:12:53 | 65 | 41:47 | 59 | 2:18:30 |
| 65 | 54 | Link, Erik | Tri Team Hamburg | HH | 96 | M18 8 | 22:49 | 36 | 1:13:01 | 67 | 43:21 | 65 | 2:19:11 |
| 66 | 5 | Michaelis, Malte | USC Kiel | SH | 89 | M25 19 | 27:37 | 66 | 1:12:13 | 64 | 39:52 | 46 | 2:19:42 |
| 67 | 85 | Richardt, Alexander | TSV Germania Helmsted | NI | 82 | M30 12 | 27:59 | 69 | 1:09:48 | 56 | 42:11 | 61 | 2:19:58 |
| 68 | 35 | Röckendorf, Niels | TSV Bargteheide Tri | SH | 72 | M40 5 | 28:05 | 71 | 1:12:53 | 65 | 43:23 | 66 | 2:24:21 |
| 69 | 30 | Koschoreck, Fabian | Hannover 96 II | NI | 93 | M20 13 | 25:31 | 61 | 1:18:46 | 71 | 41:22 | 58 | 2:25:39 |
| 70 | 75 | String, Fridolin | Stader SV Team | NI | 94 | M20 14 | 26:04 | 64 | 1:20:50 | 72 | 45:57 | 69 | 2:32:51 |
| 71 | 34 | Stüfen, Sönke | TSV Bargteheide Tri | SH | 65 | M45 2 | 28:03 | 70 | 1:14:46 | 69 | 53:12 | 71 | 2:36:01 |
| 72 | 33 | Sanitz, Tilman | TSV Bargteheide Tri | SH | 65 | M45 3 | 25:28 | 60 | 1:17:03 | 70 | 56:15 | 72 | 2:38:46 |
| DNF | 63 | Bolz, Philipp | LAV Husum | SH | 96 | M18 - | 22:51 | - | - | - | - | - | - |
| DNF | 77 | Lawendel, Mario | LC Hansa Stuhr Tri-Wölf | NI | 83 | M30 - | 22:46 | - | - | - | - | - | - |

| Regionalliga Nord (Herren) am 09.08.2014 | | | | | | | |
|--|-------------------------------|--------|-----|------------------------|----|-----|-----|
| Mannschaftswertung | | | | | | | |
| Rng | Mannschaft | Punkte | Snr | Name, Vorname | Jg | Ak | Rng |
| 1 | Tri Endurance Germany | 38 | 16 | de Lannoy, Marcel | 90 | M20 | 2 |
| | | | 17 | de Lannoy, Jean-Pierre | 89 | M25 | 5 |
| | | | 19 | Nimczewski, Nils | 85 | M25 | 14 |
| | | | 20 | Pohle, Andreas | 90 | M20 | 17 |
| 2 | Tri Team tri Zack Rostock | 46 | 12 | Weu, Dennis | 91 | M20 | 7 |
| | | | 15 | Winkelmann, Thomas | 82 | M30 | 10 |
| | | | 13 | Kruse, Dennis | 89 | M25 | 11 |
| | | | 14 | Reimann, Frank | 79 | M35 | 18 |
| 3 | Tri Team Hamburg | 65 | 51 | Kores, Robert | 86 | M25 | 8 |
| | | | 53 | Röhrken, Golo | 88 | M25 | 12 |
| | | | 55 | Hetmank, Frank | 77 | M35 | 20 |
| | | | 52 | Steindorf, Niels | 88 | M25 | 25 |
| 4 | Vfl Wolfsburg | 81 | 6 | Hübenthal, Eike | 83 | M30 | 4 |
| | | | 8 | Kaminsky, Carlo | 85 | M25 | 16 |
| | | | 10 | Simon, Alexander | 96 | M18 | 27 |
| | | | 9 | Becker, Stefan | 94 | M20 | 34 |
| 5 | ESV Eintracht Hameln I | 94 | 22 | Anderson, Scott | 96 | M18 | 19 |
| | | | 21 | Reckemeier, Claas | 96 | M18 | 22 |
| | | | 24 | Ender, Björn | 85 | M25 | 23 |
| | | | 23 | Grabbe, Cordt | 78 | M35 | 30 |
| 6 | Triathlon Team Buxtehude Herr | 106 | 37 | Schröter, Max | 93 | M20 | 1 |
| | | | 38 | Horst, Lukas | 92 | M20 | 26 |
| | | | 36 | Richters, Dirk | 89 | M25 | 31 |
| | | | 39 | Heise, Johannes | 95 | M18 | 48 |
| 7 | USC Kiel | 120 | 2 | Svensson, Jan | 82 | M30 | 3 |
| | | | 1 | Jørgensen, Birger | 82 | M30 | 13 |
| | | | 3 | Menleey, Hilton | 63 | M50 | 43 |
| | | | 4 | Wilker, Sebastian | 84 | M30 | 61 |
| 8 | Triabolos Hamburg | 136 | 58 | Günther, Fabian | 94 | M20 | 15 |
| | | | 56 | Diller, Johannes | 89 | M25 | 33 |
| | | | 59 | Peppel, Andreas | 78 | M35 | 41 |
| | | | 60 | Trocha, Benjamin | 80 | M30 | 47 |
| 9 | TSV Bargteheide Tri | 154 | 31 | van Stevendaal, Udo | 68 | M45 | 6 |
| | | | 32 | Stahnke, Johann | 92 | M20 | 9 |
| | | | 35 | Röckendorf, Niels | 72 | M40 | 68 |
| | | | 34 | Stüfen, Sönke | 65 | M45 | 71 |
| 10 | LAV Husum | 160 | 61 | Drosdowski, Andreas | 71 | M40 | 21 |
| | | | 65 | Nothbaar, Jan Hendrik | 91 | M20 | 38 |
| | | | 62 | Hansen, Jannek | 89 | M25 | 44 |
| | | | 64 | Oestergaard, Jesko | 74 | M40 | 57 |
| 11 | LC Hansa Stuhr Tri-Wölfe | 176 | 80 | Walz, Christian | 71 | M40 | 32 |
| | | | 76 | Neubauer, Jan | 79 | M35 | 37 |
| | | | 78 | Sebrantke, Oliver | 76 | M35 | 53 |
| | | | 79 | Schwarzer, Kay | 79 | M35 | 54 |
| 12 | Stader SV Team | 178 | 73 | Elfers, Julian | 94 | M20 | 28 |
| | | | 72 | Tiedemann, Morten | 86 | M25 | 36 |
| | | | 71 | Straube, Konrad | 84 | M30 | 50 |
| | | | 74 | Elfers, Jonas | 95 | M18 | 64 |
| 13 | Triathlon Team Braunschweig | 183 | 42 | Terörde, Frederic | 94 | M20 | 40 |
| | | | 43 | Schläger, Marcel | 81 | M30 | 42 |
| | | | 44 | Martens, Till | 83 | M30 | 46 |
| | | | 41 | Bartsch, Markus | 87 | M25 | 55 |
| 14 | Hannover 96 II | 195 | 26 | Kehl, Steve | 81 | M30 | 29 |
| | | | 28 | Lange, Ulf | 80 | M30 | 45 |
| | | | 27 | Diedrichsen, Malte | 85 | M25 | 52 |
| | | | 30 | Koschoreck, Fabian | 93 | M20 | 69 |
| 15 | TSV Germania Helmstedt | 238 | 84 | Wüstefeld, Jonas | 96 | M18 | 56 |
| | | | 82 | Huth, Kai Uwe | 76 | M35 | 59 |
| | | | 81 | Barbarito, Carlo | 76 | M35 | 60 |
| | | | 83 | Wüstefeld, Tim | 93 | M20 | 63 |

Olympische Distanz am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|----------------------|--------------------------|------|----|-----|------|-------|-----|---------|----|-------|----|---------|
| 1 | 230 | Bartels, Ulf | WSV 1921 Wolfenbüttel | NI | 72 | M40 | 1 | 21:04 | 1 | 1:06:13 | 2 | 36:39 | 2 | 2:03:56 |
| 2 | 135 | Teichmann, Florian | SSV Forchheim | BY | 92 | M20 | 1 | 22:54 | 6 | 1:06:49 | 3 | 36:31 | 1 | 2:06:14 |
| 3 | 120 | Trettin, Stephan | Tri Fun Güstrow | MV | 86 | M25 | 1 | 23:19 | 10 | 1:05:26 | 1 | 37:49 | 4 | 2:06:34 |
| 4 | 132 | Eggers, Jan | Berlin | BE | 90 | M20 | 2 | 21:46 | 2 | 1:08:07 | 7 | 38:15 | 5 | 2:08:08 |
| 5 | 125 | Dittberner, Felix | Tri-Sport-Schwerin e.V. | MV | 82 | M30 | 1 | 22:48 | 4 | 1:08:31 | 8 | 41:40 | 18 | 2:12:59 |
| 6 | 209 | Giesen, Tibor | Triathlon Team Braunsch | NI | 83 | M30 | 2 | 25:28 | 14 | 1:07:46 | 6 | 40:05 | 9 | 2:13:19 |
| 7 | 185 | Quade, Remo | Hamburg | HH | 78 | M35 | 1 | 28:56 | 47 | 1:07:06 | 5 | 37:31 | 3 | 2:13:33 |
| 8 | 202 | Sperling, Eik | Trisport Schwerin | MV | 87 | M25 | 2 | 25:04 | 13 | 1:11:03 | 16 | 38:17 | 6 | 2:14:24 |
| 9 | 228 | Pelz, Guido | WSV 1921 Wolfenbüttel | NI | 69 | M45 | 1 | 23:03 | 7 | 1:11:48 | 20 | 39:47 | 8 | 2:14:38 |
| 10 | 146 | Klewer, Michael | Tri Fun Güstrow | MV | 77 | M35 | 2 | 25:32 | 17 | 1:10:56 | 14 | 38:24 | 7 | 2:14:52 |
| 11 | 150 | Wurm, Johannes | triZack Rostock | MV | 93 | M20 | 3 | 23:04 | 8 | 1:12:27 | 27 | 40:19 | 11 | 2:15:50 |
| 12 | 141 | Quest, Stephan | TC FIKO Rostock | MV | 81 | M30 | 3 | 22:52 | 5 | 1:12:34 | 29 | 40:43 | 12 | 2:16:09 |
| 13 | 167 | Braun, Sven | SKV-Waren Müritz | NI | 77 | M35 | 3 | 25:48 | 18 | 1:09:25 | 10 | 41:27 | 16 | 2:16:40 |
| 14 | 162 | Banczyk, Tobias | radgiganten | MV | 80 | M30 | 4 | 27:52 | 36 | 1:08:51 | 9 | 40:43 | 12 | 2:17:26 |
| 15 | 123 | Keller, Che | Trisport Stove | MV | 88 | M25 | 3 | 28:50 | 46 | 1:06:57 | 4 | 42:08 | 23 | 2:17:55 |
| 16 | 214 | Krüsemann, Paul | Triabolos Hamburg | HH | 83 | M30 | 5 | 27:31 | 32 | 1:10:56 | 14 | 40:17 | 10 | 2:18:44 |
| 17 | 137 | Böker, Jürgen | Tri Fun Güstrow | MV | 63 | M50 | 1 | 25:30 | 16 | 1:11:42 | 19 | 42:05 | 22 | 2:19:17 |
| 18 | 134 | Kluck, Steffen | TC FIKO Rostock | MV | 80 | M30 | 6 | 26:43 | 25 | 1:11:50 | 22 | 41:19 | 15 | 2:19:52 |
| 19 | 189 | Hagemeister, André | Rostock | MV | 84 | M30 | 7 | 28:07 | 41 | 1:09:55 | 11 | 41:57 | 19 | 2:19:59 |
| 20 | 139 | Ulke, Maik | Tri Fun Güstrow | MV | 74 | M40 | 2 | 28:01 | 37 | 1:10:12 | 12 | 41:58 | 20 | 2:20:11 |
| 21 | 127 | Pöhl, Christoffer | SCC Berlin Triathlon | BE | 83 | M30 | 8 | 23:40 | 11 | 1:12:14 | 25 | 45:29 | 36 | 2:21:23 |
| 22 | 144 | Sachtleber, Kai | 1. TCO Die Bären | NI | 71 | W40 | 1 | 22:31 | 3 | 1:17:01 | 43 | 42:45 | 24 | 2:22:17 |
| 23 | 196 | Koch, David | Kösterbeck | MV | 79 | M35 | 4 | 26:13 | 21 | 1:13:18 | 32 | 42:51 | 26 | 2:22:22 |
| 24 | 180 | Peter, Andreas | radgiganten | MV | 66 | M45 | 2 | 27:51 | 35 | 1:11:49 | 21 | 43:04 | 29 | 2:22:44 |
| 25 | 229 | Alex, Sven | WSV 1921 Wolfenbüttel | NI | 91 | M20 | 4 | 25:02 | 12 | 1:16:32 | 42 | 41:59 | 21 | 2:23:33 |
| 26 | 161 | Nehring, Madlen | Team Nutrixion 4Fun | MV | 76 | W35 | 1 | 28:05 | 40 | 1:11:22 | 18 | 44:28 | 34 | 2:23:55 |
| 27 | 143 | Last, Torsten | HSGUNI GREIFSWALD | MV | 64 | M50 | 2 | 28:04 | 39 | 1:12:24 | 26 | 43:28 | 32 | 2:23:56 |
| 28 | 174 | Schmidt, Maik | TC FIKO Rostock | MV | 80 | M30 | 9 | 27:43 | 33 | 1:13:04 | 31 | 43:27 | 31 | 2:24:14 |
| 29 | 172 | Meissner, Martin | trisport stove e.V. | MV | 86 | M25 | 4 | 31:14 | 57 | 1:12:04 | 24 | 42:45 | 24 | 2:26:03 |
| 30 | 194 | Merchel, Stefan | TEAM City-Sport Rostoc | MV | 83 | M30 | 10 | 31:00 | 56 | 1:13:34 | 34 | 41:31 | 17 | 2:26:05 |
| 31 | 181 | Schommler, Sascha | TriSport Schwerin e.V. | MV | 78 | M35 | 5 | 26:06 | 19 | 1:12:30 | 28 | 48:08 | 48 | 2:26:44 |
| 32 | 188 | Plumeyer, Chris | Kanu Club Stralsund | MV | 68 | M45 | 3 | 33:30 | 67 | 1:10:49 | 13 | 42:56 | 27 | 2:27:15 |
| 33 | 199 | Nickel, Jens | Rostock | MV | 66 | M45 | 4 | 27:30 | 31 | 1:11:50 | 22 | 48:43 | 51 | 2:28:03 |
| 34 | 154 | Wolff, Ralf | PV Triathlon Witten | NRW | 64 | M50 | 3 | 29:02 | 48 | 1:15:59 | 39 | 43:15 | 30 | 2:28:16 |
| 35 | 208 | Mamerow, Ingo | MSC Waren | MV | 71 | M40 | 3 | 27:11 | 26 | 1:11:17 | 17 | 49:51 | 58 | 2:28:19 |
| 36 | 215 | Isenberg, Verena | Triabolos Triathlon Hamb | HH | 81 | W30 | 1 | 26:29 | 24 | 1:17:44 | 44 | 44:27 | 33 | 2:28:40 |
| 37 | 206 | Martens, Henning | Triabolos Hamburg | SH | 72 | M40 | 4 | 27:46 | 34 | 1:13:33 | 33 | 47:31 | 45 | 2:28:50 |
| 38 | 192 | Satzky, Heiko | De Heidehopper's | MV | 67 | M45 | 5 | 27:23 | 28 | 1:16:17 | 40 | 46:26 | 39 | 2:30:06 |
| 39 | 163 | Banczyk, Marten | radgiganten | MV | 85 | M25 | 5 | 34:20 | 74 | 1:15:09 | 36 | 41:10 | 14 | 2:30:39 |
| 40 | 149 | Poehl, Erhard | Tri Fun Güstrow | MV | 62 | M50 | 4 | 32:02 | 61 | 1:12:49 | 30 | 46:50 | 43 | 2:31:41 |
| 41 | 182 | Dolle, Heiko | SC Humboldt Berlin | BE | 81 | M30 | 11 | 28:23 | 44 | 1:18:10 | 46 | 46:03 | 38 | 2:32:36 |
| 42 | 210 | Kramp, Ronny | PSV/FHSG Stralsund | MV | 74 | M40 | 5 | 28:03 | 38 | 1:14:09 | 35 | 51:13 | 61 | 2:33:25 |
| 43 | 160 | Schumann, Paul | Rostock | MV | 58 | M55 | 1 | 25:29 | 15 | 1:17:46 | 45 | 50:35 | 59 | 2:33:50 |
| 44 | 164 | Kohlen, Thomas | DLRG Wismar | MV | 68 | M45 | 6 | 26:14 | 22 | 1:19:05 | 49 | 49:37 | 56 | 2:34:56 |
| 45 | 216 | Meißner, Stefan | Börnsen | SH | 76 | M35 | 6 | 29:03 | 49 | 1:21:19 | 57 | 45:02 | 35 | 2:35:24 |
| 46 | 131 | Sator, Daniel | Tri-Sport Schwerin eV | MV | 76 | M35 | 7 | 26:07 | 20 | 1:20:11 | 52 | 49:35 | 55 | 2:35:53 |
| 47 | 193 | Heidenreich, Bastian | Team Kladow | BB | 88 | M25 | 6 | 30:27 | 54 | 1:22:35 | 61 | 42:56 | 27 | 2:35:58 |
| 48 | 136 | Ridder, Jens | TC FIKO Rostock | MV | 68 | M45 | 7 | 27:25 | 29 | 1:19:05 | 49 | 49:29 | 53 | 2:35:59 |
| 49 | 191 | Puschinski, Thomas | Kramerhof | MV | 75 | M35 | 8 | 31:27 | 58 | 1:18:19 | 47 | 46:48 | 42 | 2:36:34 |
| 50 | 175 | Maibohm, Dan | Göttingen | NI | 89 | M25 | 7 | 28:25 | 45 | 1:21:10 | 56 | 47:15 | 44 | 2:36:50 |
| 51 | 138 | Mödebeck, René | Bad Doberaner SV '90 e. | MV | 58 | M55 | 2 | 32:52 | 64 | 1:15:38 | 38 | 48:31 | 50 | 2:37:01 |
| 52 | 178 | Schmidt, Birger | Triathlonster Parchim | MV | 77 | M35 | 9 | 27:29 | 30 | 1:20:02 | 51 | 49:46 | 57 | 2:37:17 |
| 53 | 157 | Buhl, Matthias | Fiat 64 | BE | 78 | M35 | 10 | 33:19 | 66 | 1:18:52 | 48 | 45:51 | 37 | 2:38:02 |
| 54 | 179 | Köthe, Susanne | HSG Uni Greifswald | MV | 83 | W30 | 2 | 23:06 | 9 | 1:26:51 | 69 | 48:06 | 47 | 2:38:03 |
| 55 | 177 | Jantz, Michael | Schwedter Hasen | BB | 63 | M50 | 5 | 30:08 | 53 | 1:21:47 | 59 | 46:29 | 40 | 2:38:24 |
| 56 | 126 | Schütt, Stefan | TC FIKO Rostock | MV | 64 | M50 | 6 | 29:30 | 50 | 1:21:25 | 58 | 48:47 | 52 | 2:39:42 |
| 57 | 203 | Globke, André | Grün-Weiss-Rostock | MV | 66 | M45 | 8 | 34:12 | 70 | 1:15:30 | 37 | 51:41 | 64 | 2:41:23 |
| 58 | 129 | Allonge, Andreas | SV Rot-Gelb Hamburgg | HH | 68 | M45 | 9 | 34:49 | 76 | 1:16:28 | 41 | 50:43 | 60 | 2:42:00 |
| 59 | 156 | Assmus, Susanne | Tri Sport Schwerin | MV | 65 | W45 | 1 | 29:55 | 51 | 1:20:18 | 53 | 52:45 | 66 | 2:42:58 |
| 60 | 124 | Schlemp, Elke | TC FIKO Rostock | MV | 75 | W35 | 2 | 28:21 | 43 | 1:27:45 | 72 | 49:30 | 54 | 2:45:36 |

Olympische Distanz am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|----------------------|---------------------------|------|----|-----|------|-------|-----|---------|----|---------|----|---------|
| 61 | 176 | Maibohm, Arne | Anklam | MV | 92 | M20 | 5 | 30:38 | 55 | 1:28:44 | 74 | 47:37 | 46 | 2:46:59 |
| 62 | 186 | Söhnel, Silvia | HSG Uni Greifswald | MV | 77 | W35 | 3 | 27:13 | 27 | 1:26:24 | 66 | 53:28 | 70 | 2:47:05 |
| 63 | 205 | Heß, Frederike | Berlin | BE | 77 | W35 | 4 | 32:46 | 63 | 1:22:59 | 62 | 51:36 | 63 | 2:47:21 |
| 64 | 213 | Konrad, René | SV Leisnig Handball | MV | 85 | M25 | 8 | 28:13 | 42 | 1:26:36 | 68 | 52:59 | 68 | 2:47:48 |
| 65 | 204 | Greiner, Uwe | Waren | MV | 72 | M40 | 6 | 26:16 | 23 | 1:23:56 | 63 | 59:07 | 78 | 2:49:19 |
| 66 | 145 | Mahnke, Alfred | HSG Uni Greifswald | MV | 49 | M65 | 1 | 34:11 | 69 | 1:21:01 | 55 | 55:03 | 73 | 2:50:15 |
| 67 | 169 | Baumert, Bettina | Neu Thulendorf | MV | 70 | W40 | 2 | 36:09 | 78 | 1:25:58 | 65 | 48:14 | 49 | 2:50:21 |
| 68 | 195 | Hofmann, Manuela | Sparkasse Schwerin | MV | 62 | W50 | 1 | 34:17 | 73 | 1:30:57 | 75 | 46:46 | 41 | 2:52:00 |
| 69 | 207 | Schwalbe, Timo | FC St. Pauli Triathlon | SH | 77 | M35 | 11 | 36:14 | 79 | 1:22:18 | 60 | 53:48 | 71 | 2:52:20 |
| 70 | 166 | Bremer, Frank | Rüti, ZH (Schweiz) | ZH | 79 | M35 | 12 | 30:05 | 52 | 1:32:41 | 77 | 51:16 | 62 | 2:54:02 |
| 71 | 197 | Bönsel, André | Planung für alternative U | MV | 73 | M40 | 7 | 34:14 | 71 | 1:27:44 | 71 | 52:19 | 65 | 2:54:17 |
| 72 | 155 | Schücke, Björn | Tri Sport Stove | MV | 87 | M25 | 9 | 32:00 | 60 | 1:20:24 | 54 | 1:02:21 | 79 | 2:54:45 |
| 73 | 168 | Köster, Gerold | Tri Fun Güstrow | MV | 54 | M60 | 1 | 34:44 | 75 | 1:27:23 | 70 | 53:07 | 69 | 2:55:14 |
| 74 | 152 | Elfers, Uta | Stader SV | NI | 60 | W50 | 2 | 32:35 | 62 | 1:25:49 | 64 | 57:09 | 75 | 2:55:33 |
| 75 | 147 | Wendel, Henry | HSV Neubrandenburg | MV | 63 | M50 | 7 | 33:17 | 65 | 1:27:47 | 73 | 55:18 | 74 | 2:56:22 |
| 76 | 173 | Winne, Jens | MTV Luhdorf/Roydorf | NI | 63 | M50 | 8 | 34:15 | 72 | 1:26:26 | 67 | 57:16 | 76 | 2:57:57 |
| 77 | 211 | Beissenhirtz, Volker | Berlin | BE | 69 | M45 | 10 | 35:48 | 77 | 1:32:00 | 76 | 57:47 | 77 | 3:05:35 |
| 78 | 171 | Meier, Jörn | Rostock | MV | 66 | M45 | 11 | 37:52 | 82 | 1:34:46 | 79 | 54:04 | 72 | 3:06:42 |
| 79 | 148 | Scheferling, Björn | RFK Nürnberg | NRW | 70 | M40 | 8 | 31:30 | 59 | 1:43:22 | 83 | 52:56 | 67 | 3:07:48 |
| 80 | 184 | Lippold, Knuth | Hamburg | HH | 59 | M55 | 3 | 33:54 | 68 | 1:34:03 | 78 | 1:04:17 | 81 | 3:12:14 |
| 81 | 200 | Wehrle, Gerry | Tri Fun Güstrow | MV | 59 | M55 | 4 | 37:47 | 81 | 1:37:51 | 81 | 1:04:06 | 80 | 3:19:44 |
| 82 | 119 | Hübener, Christoph | Tri Fun Güstrow | MV | 56 | M55 | 5 | 37:26 | 80 | 1:41:21 | 82 | 1:04:41 | 82 | 3:23:28 |
| 83 | 140 | Löhr, Anke | TriAs Hildesheim | NI | 60 | W50 | 3 | 46:40 | 83 | 1:36:16 | 80 | 1:05:29 | 83 | 3:28:25 |
| DNF | 133 | Breitsprecher, Bernd | TC FIKO Rostock | MV | 49 | M65 | - | 39:19 | - | - | - | - | - | - |
| DNF | 212 | Straube, Jörg | Stader SV | NI | 56 | M55 | - | 37:04 | - | 1:29:03 | - | - | - | - |

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Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|--------------------|-------------------------|------|----|-----|------|-------|-----|---------|----|-------|----|---------|
| 1 | 230 | Bartels, Ulf | WSV 1921 Wolfenbüttel | NI | 72 | M40 | 1 | 21:04 | 1 | 1:06:13 | 2 | 36:39 | 2 | 2:03:56 |
| 2 | 135 | Teichmann, Florian | SSV Forchheim | BY | 92 | M20 | 1 | 22:54 | 5 | 1:06:49 | 3 | 36:31 | 1 | 2:06:14 |
| 3 | 120 | Trettin, Stephan | Tri Fun Güstrow | MV | 86 | M25 | 1 | 23:19 | 8 | 1:05:26 | 1 | 37:49 | 4 | 2:06:34 |
| 4 | 132 | Eggers, Jan | Berlin | BE | 90 | M20 | 2 | 21:46 | 2 | 1:08:07 | 7 | 38:15 | 5 | 2:08:08 |
| 5 | 125 | Dittberner, Felix | Tri-Sport-Schwerin e.V. | MV | 82 | M30 | 1 | 22:48 | 3 | 1:08:31 | 8 | 41:40 | 18 | 2:12:59 |
| 6 | 209 | Giesen, Tibor | Triathlon Team Braunsch | NI | 83 | M30 | 2 | 25:28 | 12 | 1:07:46 | 6 | 40:05 | 9 | 2:13:19 |
| 7 | 185 | Quade, Remo | Hamburg | HH | 78 | M35 | 1 | 28:56 | 41 | 1:07:06 | 5 | 37:31 | 3 | 2:13:33 |
| 8 | 202 | Sperling, Eik | Trisport Schwerin | MV | 87 | M25 | 2 | 25:04 | 11 | 1:11:03 | 16 | 38:17 | 6 | 2:14:24 |
| 9 | 228 | Pelz, Guido | WSV 1921 Wolfenbüttel | NI | 69 | M45 | 1 | 23:03 | 6 | 1:11:48 | 19 | 39:47 | 8 | 2:14:38 |
| 10 | 146 | Klewer, Michael | Tri Fun Güstrow | MV | 77 | M35 | 2 | 25:32 | 15 | 1:10:56 | 14 | 38:24 | 7 | 2:14:52 |
| 11 | 150 | Wurm, Johannes | triZack Rostock | MV | 93 | M20 | 3 | 23:04 | 7 | 1:12:27 | 26 | 40:19 | 11 | 2:15:50 |
| 12 | 141 | Quest, Stephan | TC FIKO Rostock | MV | 81 | M30 | 3 | 22:52 | 4 | 1:12:34 | 28 | 40:43 | 12 | 2:16:09 |
| 13 | 167 | Braun, Sven | SKV-Waren Müritz | NI | 77 | M35 | 3 | 25:48 | 16 | 1:09:25 | 10 | 41:27 | 16 | 2:16:40 |
| 14 | 162 | Banczyk, Tobias | radgiganten | MV | 80 | M30 | 4 | 27:52 | 32 | 1:08:51 | 9 | 40:43 | 12 | 2:17:26 |
| 15 | 123 | Keller, Che | Trisport Stove | MV | 88 | M25 | 3 | 28:50 | 40 | 1:06:57 | 4 | 42:08 | 23 | 2:17:55 |
| 16 | 214 | Krüsemann, Paul | Triabolos Hamburg | HH | 83 | M30 | 5 | 27:31 | 28 | 1:10:56 | 14 | 40:17 | 10 | 2:18:44 |
| 17 | 137 | Böker, Jürgen | Tri Fun Güstrow | MV | 63 | M50 | 1 | 25:30 | 14 | 1:11:42 | 18 | 42:05 | 22 | 2:19:17 |
| 18 | 134 | Kluck, Steffen | TC FIKO Rostock | MV | 80 | M30 | 6 | 26:43 | 22 | 1:11:50 | 21 | 41:19 | 15 | 2:19:52 |
| 19 | 189 | Hagemeister, André | Rostock | MV | 84 | M30 | 7 | 28:07 | 36 | 1:09:55 | 11 | 41:57 | 19 | 2:19:59 |
| 20 | 139 | Ulke, Maik | Tri Fun Güstrow | MV | 74 | M40 | 2 | 28:01 | 33 | 1:10:12 | 12 | 41:58 | 20 | 2:20:11 |
| 21 | 127 | Pöhl, Christoffer | SCC Berlin Triathlon | BE | 83 | M30 | 8 | 23:40 | 9 | 1:12:14 | 24 | 45:29 | 33 | 2:21:23 |
| 22 | 196 | Koch, David | Kösterbeck | MV | 79 | M35 | 4 | 26:13 | 19 | 1:13:18 | 31 | 42:51 | 25 | 2:22:22 |
| 23 | 180 | Peter, Andreas | radgiganten | MV | 66 | M45 | 2 | 27:51 | 31 | 1:11:49 | 20 | 43:04 | 28 | 2:22:44 |
| 24 | 229 | Alex, Sven | WSV 1921 Wolfenbüttel | NI | 91 | M20 | 4 | 25:02 | 10 | 1:16:32 | 41 | 41:59 | 21 | 2:23:33 |
| 25 | 143 | Last, Torsten | HSGUNI GREIFSWALD | MV | 64 | M50 | 2 | 28:04 | 35 | 1:12:24 | 25 | 43:28 | 31 | 2:23:56 |
| 26 | 174 | Schmidt, Maik | TC FIKO Rostock | MV | 80 | M30 | 9 | 27:43 | 29 | 1:13:04 | 30 | 43:27 | 30 | 2:24:14 |
| 27 | 172 | Meissner, Martin | trisport stove e.V. | MV | 86 | M25 | 4 | 31:14 | 50 | 1:12:04 | 23 | 42:45 | 24 | 2:26:03 |
| 28 | 194 | Merchel, Stefan | TEAM City-Sport Rostoc | MV | 83 | M30 | 10 | 31:00 | 49 | 1:13:34 | 33 | 41:31 | 17 | 2:26:05 |
| 29 | 181 | Schommler, Sascha | TriSport Schwerin e.V. | MV | 78 | M35 | 5 | 26:06 | 17 | 1:12:30 | 27 | 48:08 | 43 | 2:26:44 |

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Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|---------------------------|------|----|--------|----------|------------|------------|---------|
| 30 | 188 | Plumeyer, Chris | Kanu Club Stralsund | MV | 68 | M45 3 | 33:30 58 | 1:10:49 13 | 42:56 26 | 2:27:15 |
| 31 | 199 | Nickel, Jens | Rostock | MV | 66 | M45 4 | 27:30 27 | 1:11:50 21 | 48:43 45 | 2:28:03 |
| 32 | 154 | Wolff, Ralf | PV Triathlon Witten | NRW | 64 | M50 3 | 29:02 42 | 1:15:59 38 | 43:15 29 | 2:28:16 |
| 33 | 208 | Mamerow, Ingo | MSC Waren | MV | 71 | M40 3 | 27:11 23 | 1:11:17 17 | 49:51 51 | 2:28:19 |
| 34 | 206 | Martens, Henning | Triabolos Hamburg | SH | 72 | M40 4 | 27:46 30 | 1:13:33 32 | 47:31 41 | 2:28:50 |
| 35 | 192 | Satzky, Heiko | De Heidehopper´s | MV | 67 | M45 5 | 27:23 24 | 1:16:17 39 | 46:26 36 | 2:30:06 |
| 36 | 163 | Banczyk, Marten | radgiganten | MV | 85 | M25 5 | 34:20 64 | 1:15:09 35 | 41:10 14 | 2:30:39 |
| 37 | 149 | Poehl, Erhard | Tri Fun Güstrow | MV | 62 | M50 4 | 32:02 54 | 1:12:49 29 | 46:50 39 | 2:31:41 |
| 38 | 182 | Dolle, Heiko | SC Humboldt Berlin | BE | 81 | M30 11 | 28:23 38 | 1:18:10 43 | 46:03 35 | 2:32:36 |
| 39 | 210 | Kramp, Ronny | PSV/FHSG Stralsund | MV | 74 | M40 5 | 28:03 34 | 1:14:09 34 | 51:13 54 | 2:33:25 |
| 40 | 160 | Schumann, Paul | Rostock | MV | 58 | M55 1 | 25:29 13 | 1:17:46 42 | 50:35 52 | 2:33:50 |
| 41 | 164 | Kohlen, Thomas | DLRG Wismar | MV | 68 | M45 6 | 26:14 20 | 1:19:05 46 | 49:37 49 | 2:34:56 |
| 42 | 216 | Meißner, Stefan | Börnsen | SH | 76 | M35 6 | 29:03 43 | 1:21:19 53 | 45:02 32 | 2:35:24 |
| 43 | 131 | Sator, Daniel | Tri-Sport Schwerin eV | MV | 76 | M35 7 | 26:07 18 | 1:20:11 49 | 49:35 48 | 2:35:53 |
| 44 | 193 | Heidenreich, Bastian | Team Kladow | BB | 88 | M25 6 | 30:27 47 | 1:22:35 57 | 42:56 26 | 2:35:58 |
| 45 | 136 | Ridder, Jens | TC FIKO Rostock | MV | 68 | M45 7 | 27:25 25 | 1:19:05 46 | 49:29 47 | 2:35:59 |
| 46 | 191 | Puschinski, Thomas | Kramerhof | MV | 75 | M35 8 | 31:27 51 | 1:18:19 44 | 46:48 38 | 2:36:34 |
| 47 | 175 | Maibohm, Dan | Göttingen | NI | 89 | M25 7 | 28:25 39 | 1:21:10 52 | 47:15 40 | 2:36:50 |
| 48 | 138 | Mödebeck, René | Bad Doberaner SV '90 e. | MV | 58 | M55 2 | 32:52 55 | 1:15:38 37 | 48:31 44 | 2:37:01 |
| 49 | 178 | Schmidt, Birger | Triathlonster Parchim | MV | 77 | M35 9 | 27:29 26 | 1:20:02 48 | 49:46 50 | 2:37:17 |
| 50 | 157 | Buhl, Matthias | Fiat 64 | BE | 78 | M35 10 | 33:19 57 | 1:18:52 45 | 45:51 34 | 2:38:02 |
| 51 | 177 | Jantz, Michael | Schwedter Hasen | BB | 63 | M50 5 | 30:08 46 | 1:21:47 55 | 46:29 37 | 2:38:24 |
| 52 | 126 | Schütt, Stefan | TC FIKO Rostock | MV | 64 | M50 6 | 29:30 44 | 1:21:25 54 | 48:47 46 | 2:39:42 |
| 53 | 203 | Globke, André | Grün-Weiss-Rostock | MV | 66 | M45 8 | 34:12 61 | 1:15:30 36 | 51:41 56 | 2:41:23 |
| 54 | 129 | Allonge, Andreas | SV Rot-Gelb Hamburgg | HH | 68 | M45 9 | 34:49 66 | 1:16:28 40 | 50:43 53 | 2:42:00 |
| 55 | 176 | Maibohm, Arne | Anklam | MV | 92 | M20 5 | 30:38 48 | 1:28:44 64 | 47:37 42 | 2:46:59 |
| 56 | 213 | Konrad, René | SV Leisnig Handball | MV | 85 | M25 8 | 28:13 37 | 1:26:36 60 | 52:59 59 | 2:47:48 |
| 57 | 204 | Greiner, Uwe | Waren | MV | 72 | M40 6 | 26:16 21 | 1:23:56 58 | 59:07 67 | 2:49:19 |
| 58 | 145 | Mahnke, Alfred | HSG Uni Greifswald | MV | 49 | M65 1 | 34:11 60 | 1:21:01 51 | 55:03 63 | 2:50:15 |
| 59 | 207 | Schwalbe, Timo | FC St. Pauli Triathlon | SH | 77 | M35 11 | 36:14 68 | 1:22:18 56 | 53:48 61 | 2:52:20 |
| 60 | 166 | Bremer, Frank | Rüti, ZH (Schweiz) | ZH | 79 | M35 12 | 30:05 45 | 1:32:41 66 | 51:16 55 | 2:54:02 |
| 61 | 197 | Bönsel, André | Planung für alternative U | MV | 73 | M40 7 | 34:14 62 | 1:27:44 62 | 52:19 57 | 2:54:17 |
| 62 | 155 | Schücke, Björn | Tri Sport Stove | MV | 87 | M25 9 | 32:00 53 | 1:20:24 50 | 1:02:21 68 | 2:54:45 |
| 63 | 168 | Köster, Gerold | Tri Fun Güstrow | MV | 54 | M60 1 | 34:44 65 | 1:27:23 61 | 53:07 60 | 2:55:14 |
| 64 | 147 | Wendel, Henry | HSV Neubrandenburg | MV | 63 | M50 7 | 33:17 56 | 1:27:47 63 | 55:18 64 | 2:56:22 |
| 65 | 173 | Winne, Jens | MTV Luhdorf/Roydorf | NI | 63 | M50 8 | 34:15 63 | 1:26:26 59 | 57:16 65 | 2:57:57 |
| 66 | 211 | Beissenhirtz, Volker | Berlin | BE | 69 | M45 10 | 35:48 67 | 1:32:00 65 | 57:47 66 | 3:05:35 |
| 67 | 171 | Meier, Jörn | Rostock | MV | 66 | M45 11 | 37:52 71 | 1:34:46 68 | 54:04 62 | 3:06:42 |
| 68 | 148 | Scheferling, Björn | RFK Nürnberg | NRW | 70 | M40 8 | 31:30 52 | 1:43:22 71 | 52:56 58 | 3:07:48 |
| 69 | 184 | Lippold, Knuth | Hamburg | HH | 59 | M55 3 | 33:54 59 | 1:34:03 67 | 1:04:17 70 | 3:12:14 |
| 70 | 200 | Wehrle, Gerry | Tri Fun Güstrow | MV | 59 | M55 4 | 37:47 70 | 1:37:51 69 | 1:04:06 69 | 3:19:44 |
| 71 | 119 | Hübener, Christoph | Tri Fun Güstrow | MV | 56 | M55 5 | 37:26 69 | 1:41:21 70 | 1:04:41 71 | 3:23:28 |
| DNF | 133 | Breitsprecher, Bernd | TC FIKO Rostock | MV | 49 | M65 - | 39:19 - | - - | - - | - |
| DNF | 212 | Straube, Jörg | Stader SV | NI | 56 | M55 - | 37:04 - | 1:29:03 - | - - | - |

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Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|--------------------------|------|----|-------|----------|------------|----------|---------|
| 1 | 144 | Sachtleber, Kai | 1. TCO Die Bären | NI | 71 | W40 1 | 22:31 1 | 1:17:01 2 | 42:45 1 | 2:22:17 |
| 2 | 161 | Nehring, Madlen | Team Nutrixion 4Fun | MV | 76 | W35 1 | 28:05 5 | 1:11:22 1 | 44:28 3 | 2:23:55 |
| 3 | 215 | Isenberg, Verena | Triabolos Triathlon Hamb | HH | 81 | W30 1 | 26:29 3 | 1:17:44 3 | 44:27 2 | 2:28:40 |
| 4 | 179 | Köthe, Susanne | HSG Uni Greifswald | MV | 83 | W30 2 | 23:06 2 | 1:26:51 9 | 48:06 5 | 2:38:03 |
| 5 | 156 | Assmus, Susanne | Tri Sport Schwerin | MV | 65 | W45 1 | 29:55 7 | 1:20:18 4 | 52:45 9 | 2:42:58 |
| 6 | 124 | Schlemp, Elke | TC FIKO Rostock | MV | 75 | W35 2 | 28:21 6 | 1:27:45 10 | 49:30 7 | 2:45:36 |
| 7 | 186 | Söhnel, Silvia | HSG Uni Greifswald | MV | 77 | W35 3 | 27:13 4 | 1:26:24 8 | 53:28 10 | 2:47:05 |
| 8 | 205 | Heß, Frederike | Berlin | BE | 77 | W35 4 | 32:46 9 | 1:22:59 5 | 51:36 8 | 2:47:21 |
| 9 | 169 | Baumert, Bettina | Neu Thulendorf | MV | 70 | W40 2 | 36:09 11 | 1:25:58 7 | 48:14 6 | 2:50:21 |
| 10 | 195 | Hofmann, Manuela | Sparkasse Schwerin | MV | 62 | W50 1 | 34:17 10 | 1:30:57 11 | 46:46 4 | 2:52:00 |

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Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------|------------------|------|----|-------|----------|------------|------------|---------|
| 11 | 152 | Elfers, Uta | Stader SV | NI | 60 | W50 2 | 32:35 8 | 1:25:49 6 | 57:09 11 | 2:55:33 |
| 12 | 140 | Löhr, Anke | TriAs Hildesheim | NI | 60 | W50 3 | 46:40 12 | 1:36:16 12 | 1:05:29 12 | 3:28:25 |

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Ergebnisliste - Alterskl. 1 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|-----------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 135 | Teichmann, Florian | SSV Forchheim | BY | 92 | M20 1 | 22:54 2 | 1:06:49 1 | 36:31 1 | 2:06:14 |
| 2 | 132 | Eggers, Jan | Berlin | BE | 90 | M20 2 | 21:46 1 | 1:08:07 2 | 38:15 2 | 2:08:08 |
| 3 | 150 | Wurm, Johannes | triZack Rostock | MV | 93 | M20 3 | 23:04 3 | 1:12:27 3 | 40:19 3 | 2:15:50 |
| 4 | 229 | Alex, Sven | WSV 1921 Wolfenbüttel | NI | 91 | M20 4 | 25:02 4 | 1:16:32 4 | 41:59 4 | 2:23:33 |
| 5 | 176 | Maibohm, Arne | Anklam | MV | 92 | M20 5 | 30:38 5 | 1:28:44 5 | 47:37 5 | 2:46:59 |

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Ergebnisliste - Alterskl. 2 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|---------------------|------|----|-------|---------|-----------|-----------|---------|
| 1 | 120 | Trettin, Stephan | Tri Fun Güstrow | MV | 86 | M25 1 | 23:19 1 | 1:05:26 1 | 37:49 1 | 2:06:34 |
| 2 | 202 | Sperling, Eik | Trisport Schwerin | MV | 87 | M25 2 | 25:04 2 | 1:11:03 3 | 38:17 2 | 2:14:24 |
| 3 | 123 | Keller, Che | Trisport Stove | MV | 88 | M25 3 | 28:50 5 | 1:06:57 2 | 42:08 4 | 2:17:55 |
| 4 | 172 | Meissner, Martin | trisport stove e.V. | MV | 86 | M25 4 | 31:14 7 | 1:12:04 4 | 42:45 5 | 2:26:03 |
| 5 | 163 | Banczyk, Marten | radgiganten | MV | 85 | M25 5 | 34:20 9 | 1:15:09 5 | 41:10 3 | 2:30:39 |
| 6 | 193 | Heidenreich, Bastian | Team Kladow | BB | 88 | M25 6 | 30:27 6 | 1:22:35 8 | 42:56 6 | 2:35:58 |
| 7 | 175 | Maibohm, Dan | Göttingen | NI | 89 | M25 7 | 28:25 4 | 1:21:10 7 | 47:15 7 | 2:36:50 |
| 8 | 213 | Konrad, René | SV Leisnig Handball | MV | 85 | M25 8 | 28:13 3 | 1:26:36 9 | 52:59 8 | 2:47:48 |
| 9 | 155 | Schücke, Björn | Tri Sport Stove | MV | 87 | M25 9 | 32:00 8 | 1:20:24 6 | 1:02:21 9 | 2:54:45 |

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Ergebnisliste - Alterskl. 3 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|-------------------------|------|----|--------|----------|------------|----------|---------|
| 1 | 125 | Dittberner, Felix | Tri-Sport-Schwerin e.V. | MV | 82 | M30 1 | 22:48 1 | 1:08:31 2 | 41:40 7 | 2:12:59 |
| 2 | 209 | Giesen, Tibor | Triathlon Team Braunsch | NI | 83 | M30 2 | 25:28 4 | 1:07:46 1 | 40:05 1 | 2:13:19 |
| 3 | 141 | Quest, Stephan | TC FIKO Rostock | MV | 81 | M30 3 | 22:52 2 | 1:12:34 8 | 40:43 3 | 2:16:09 |
| 4 | 162 | Banczyk, Tobias | radgiganten | MV | 80 | M30 4 | 27:52 8 | 1:08:51 3 | 40:43 3 | 2:17:26 |
| 5 | 214 | Krüsemann, Paul | Triabolos Hamburg | HH | 83 | M30 5 | 27:31 6 | 1:10:56 5 | 40:17 2 | 2:18:44 |
| 6 | 134 | Kluck, Steffen | TC FIKO Rostock | MV | 80 | M30 6 | 26:43 5 | 1:11:50 6 | 41:19 5 | 2:19:52 |
| 7 | 189 | Hagemeister, André | Rostock | MV | 84 | M30 7 | 28:07 9 | 1:09:55 4 | 41:57 8 | 2:19:59 |
| 8 | 127 | Pöhl, Christoffer | SCC Berlin Triathlon | BE | 83 | M30 8 | 23:40 3 | 1:12:14 7 | 45:29 10 | 2:21:23 |
| 9 | 174 | Schmidt, Maik | TC FIKO Rostock | MV | 80 | M30 9 | 27:43 7 | 1:13:04 9 | 43:27 9 | 2:24:14 |
| 10 | 194 | Merchel, Stefan | TEAM City-Sport Rostoc | MV | 83 | M30 10 | 31:00 11 | 1:13:34 10 | 41:31 6 | 2:26:05 |
| 11 | 182 | Dolle, Heiko | SC Humboldt Berlin | BE | 81 | M30 11 | 28:23 10 | 1:18:10 11 | 46:03 11 | 2:32:36 |

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Ergebnisliste - Alterskl. 3 weibl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|--------------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 215 | Isenberg, Verena | Triabolos Triathlon Hamb | HH | 81 | W30 1 | 26:29 2 | 1:17:44 1 | 44:27 1 | 2:28:40 |
| 2 | 179 | Köthe, Susanne | HSG Uni Greifswald | MV | 83 | W30 2 | 23:06 1 | 1:26:51 2 | 48:06 2 | 2:38:03 |

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Ergebnisliste - Alterskl. 4 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|------------------------|------|----|--------|----------|------------|----------|---------|
| 1 | 185 | Quade, Remo | Hamburg | HH | 78 | M35 1 | 28:56 7 | 1:07:06 1 | 37:31 1 | 2:13:33 |
| 2 | 146 | Klewer, Michael | Tri Fun Güstrow | MV | 77 | M35 2 | 25:32 1 | 1:10:56 3 | 38:24 2 | 2:14:52 |
| 3 | 167 | Braun, Sven | SKV-Waren Müritz | NI | 77 | M35 3 | 25:48 2 | 1:09:25 2 | 41:27 3 | 2:16:40 |
| 4 | 196 | Koch, David | Kösterbeck | MV | 79 | M35 4 | 26:13 5 | 1:13:18 5 | 42:51 4 | 2:22:22 |
| 5 | 181 | Schommler, Sascha | TriSport Schwerin e.V. | MV | 78 | M35 5 | 26:06 3 | 1:12:30 4 | 48:08 8 | 2:26:44 |
| 6 | 216 | Meißner, Stefan | Börnsen | SH | 76 | M35 6 | 29:03 8 | 1:21:19 10 | 45:02 5 | 2:35:24 |
| 7 | 131 | Sator, Daniel | Tri-Sport Schwerin eV | MV | 76 | M35 7 | 26:07 4 | 1:20:11 9 | 49:35 9 | 2:35:53 |
| 8 | 191 | Puschinski, Thomas | Kramerhof | MV | 75 | M35 8 | 31:27 10 | 1:18:19 6 | 46:48 7 | 2:36:34 |
| 9 | 178 | Schmidt, Birger | Triathlonster Parchim | MV | 77 | M35 9 | 27:29 6 | 1:20:02 8 | 49:46 10 | 2:37:17 |
| 10 | 157 | Buhl, Matthias | Fiat 64 | BE | 78 | M35 10 | 33:19 11 | 1:18:52 7 | 45:51 6 | 2:38:02 |
| 11 | 207 | Schwalbe, Timo | FC St. Pauli Triathlon | SH | 77 | M35 11 | 36:14 12 | 1:22:18 11 | 53:48 12 | 2:52:20 |
| 12 | 166 | Bremer, Frank | Rüti, ZH (Schweiz) | ZH | 79 | M35 12 | 30:05 9 | 1:32:41 12 | 51:16 11 | 2:54:02 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Alterskl. 4 weibl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|---------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 161 | Nehring, Madlen | Team Nutrixion 4Fun | MV | 76 | W35 1 | 28:05 2 | 1:11:22 1 | 44:28 1 | 2:23:55 |
| 2 | 124 | Schlempp, Elke | TC FIKO Rostock | MV | 75 | W35 2 | 28:21 3 | 1:27:45 4 | 49:30 2 | 2:45:36 |
| 3 | 186 | Söhnel, Silvia | HSG Uni Greifswald | MV | 77 | W35 3 | 27:13 1 | 1:26:24 3 | 53:28 4 | 2:47:05 |
| 4 | 205 | Heß, Frederike | Berlin | BE | 77 | W35 4 | 32:46 4 | 1:22:59 2 | 51:36 3 | 2:47:21 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Senioren 1

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|---------------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 230 | Bartels, Ulf | WSV 1921 Wolfenbüttel | NI | 72 | M40 1 | 21:04 1 | 1:06:13 1 | 36:39 1 | 2:03:56 |
| 2 | 139 | Ulke, Maik | Tri Fun Güstrow | MV | 74 | M40 2 | 28:01 5 | 1:10:12 2 | 41:58 2 | 2:20:11 |
| 3 | 208 | Mamerow, Ingo | MSC Waren | MV | 71 | M40 3 | 27:11 3 | 1:11:17 3 | 49:51 4 | 2:28:19 |
| 4 | 206 | Martens, Henning | Triabolos Hamburg | SH | 72 | M40 4 | 27:46 4 | 1:13:33 4 | 47:31 3 | 2:28:50 |
| 5 | 210 | Kramp, Ronny | PSV/FHSG Stralsund | MV | 74 | M40 5 | 28:03 6 | 1:14:09 5 | 51:13 5 | 2:33:25 |
| 6 | 204 | Greiner, Uwe | Waren | MV | 72 | M40 6 | 26:16 2 | 1:23:56 6 | 59:07 8 | 2:49:19 |
| 7 | 197 | Bönsel, André | Planung für alternative U | MV | 73 | M40 7 | 34:14 8 | 1:27:44 7 | 52:19 6 | 2:54:17 |
| 8 | 148 | Scheferling, Björn | RFK Nürnberg | NRW | 70 | M40 8 | 31:30 7 | 1:43:22 8 | 52:56 7 | 3:07:48 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Seniorinnen 1

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 144 | Sachtleber, Kai | 1. TCO Die Bären | NI | 71 | W40 1 | 22:31 1 | 1:17:01 1 | 42:45 1 | 2:22:17 |
| 2 | 169 | Baumert, Bettina | Neu Thulendorf | MV | 70 | W40 2 | 36:09 2 | 1:25:58 2 | 48:14 2 | 2:50:21 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Senioren 2

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|-----------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 228 | Pelz, Guido | WSV 1921 Wolfenbüttel | NI | 69 | M45 1 | 23:03 1 | 1:11:48 2 | 39:47 1 | 2:14:38 |
| 2 | 180 | Peter, Andreas | radgiganten | MV | 66 | M45 2 | 27:51 6 | 1:11:49 3 | 43:04 3 | 2:22:44 |
| 3 | 188 | Plumeyer, Chris | Kanu Club Stralsund | MV | 68 | M45 3 | 33:30 7 | 1:10:49 1 | 42:56 2 | 2:27:15 |
| 4 | 199 | Nickel, Jens | Rostock | MV | 66 | M45 4 | 27:30 5 | 1:11:50 4 | 48:43 5 | 2:28:03 |
| 5 | 192 | Satzky, Heiko | De Heidehopper's | MV | 67 | M45 5 | 27:23 3 | 1:16:17 6 | 46:26 4 | 2:30:06 |
| 6 | 164 | Kohlen, Thomas | DLRG Wismar | MV | 68 | M45 6 | 26:14 2 | 1:19:05 8 | 49:37 7 | 2:34:56 |
| 7 | 136 | Ridder, Jens | TC FIKO Rostock | MV | 68 | M45 7 | 27:25 4 | 1:19:05 8 | 49:29 6 | 2:35:59 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Senioren 2

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|----------------------|------|----|--------|----------|------------|----------|---------|
| 8 | 203 | Globke, André | Grün-Weiss-Rostock | MV | 66 | M45 8 | 34:12 8 | 1:15:30 5 | 51:41 9 | 2:41:23 |
| 9 | 129 | Allonge, Andreas | SV Rot-Gelb Hamburgg | HH | 68 | M45 9 | 34:49 9 | 1:16:28 7 | 50:43 8 | 2:42:00 |
| 10 | 211 | Beissenhirtz, Volker | Berlin | BE | 69 | M45 10 | 35:48 10 | 1:32:00 10 | 57:47 11 | 3:05:35 |
| 11 | 171 | Meier, Jörn | Rostock | MV | 66 | M45 11 | 37:52 11 | 1:34:46 11 | 54:04 10 | 3:06:42 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Seniorinnen 2

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|--------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 156 | Assmus, Susanne | Tri Sport Schwerin | MV | 65 | W45 1 | 29:55 1 | 1:20:18 1 | 52:45 1 | 2:42:58 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Senioren 3

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|---------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 137 | Böker, Jürgen | Tri Fun Güstrow | MV | 63 | M50 1 | 25:30 1 | 1:11:42 1 | 42:05 1 | 2:19:17 |
| 2 | 143 | Last, Torsten | HSGUNI GREIFSWALD | MV | 64 | M50 2 | 28:04 2 | 1:12:24 2 | 43:28 3 | 2:23:56 |
| 3 | 154 | Wolff, Ralf | PV Triathlon Witten | NRW | 64 | M50 3 | 29:02 3 | 1:15:59 4 | 43:15 2 | 2:28:16 |
| 4 | 149 | Poehl, Erhard | Tri Fun Güstrow | MV | 62 | M50 4 | 32:02 6 | 1:12:49 3 | 46:50 5 | 2:31:41 |
| 5 | 177 | Jantz, Michael | Schwedter Hasen | BB | 63 | M50 5 | 30:08 5 | 1:21:47 6 | 46:29 4 | 2:38:24 |
| 6 | 126 | Schütt, Stefan | TC FIKO Rostock | MV | 64 | M50 6 | 29:30 4 | 1:21:25 5 | 48:47 6 | 2:39:42 |
| 7 | 147 | Wendel, Henry | HSV Neubrandenburg | MV | 63 | M50 7 | 33:17 7 | 1:27:47 8 | 55:18 7 | 2:56:22 |
| 8 | 173 | Winne, Jens | MTV Luhdorf/Roydorf | NI | 63 | M50 8 | 34:15 8 | 1:26:26 7 | 57:16 8 | 2:57:57 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Seniorinnen 3

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|--------------------|------|----|-------|---------|-----------|-----------|---------|
| 1 | 195 | Hofmann, Manuela | Sparkasse Schwerin | MV | 62 | W50 1 | 34:17 2 | 1:30:57 2 | 46:46 1 | 2:52:00 |
| 2 | 152 | Elfers, Uta | Stader SV | NI | 60 | W50 2 | 32:35 1 | 1:25:49 1 | 57:09 2 | 2:55:33 |
| 3 | 140 | Löhr, Anke | TriAs Hildesheim | NI | 60 | W50 3 | 46:40 3 | 1:36:16 3 | 1:05:29 3 | 3:28:25 |

Olympische Distanz am 09.08.2014
Ergebnisliste - Senioren 4

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|-------------------------|------|----|-------|---------|-----------|-----------|---------|
| 1 | 160 | Schumann, Paul | Rostock | MV | 58 | M55 1 | 25:29 1 | 1:17:46 2 | 50:35 2 | 2:33:50 |
| 2 | 138 | Mödebeck, René | Bad Doberaner SV '90 e. | MV | 58 | M55 2 | 32:52 2 | 1:15:38 1 | 48:31 1 | 2:37:01 |
| 3 | 184 | Lippold, Knuth | Hamburg | HH | 59 | M55 3 | 33:54 3 | 1:34:03 3 | 1:04:17 4 | 3:12:14 |
| 4 | 200 | Wehrle, Gerry | Tri Fun Güstrow | MV | 59 | M55 4 | 37:47 5 | 1:37:51 4 | 1:04:06 3 | 3:19:44 |
| 5 | 119 | Hübener, Christoph | Tri Fun Güstrow | MV | 56 | M55 5 | 37:26 4 | 1:41:21 5 | 1:04:41 5 | 3:23:28 |
| DNF | 212 | Straube, Jörg | Stader SV | NI | 56 | M55 - | 37:04 - | 1:29:03 - | - - | - |

Olympische Distanz am 09.08.2014

Ergebnisliste - Senioren 5

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|-----------------|------|----|-----|---------|-----------|---------|-----------|
| 1 | 168 | Köster, Gerold | Tri Fun Güstrow | MV | 54 | M60 | 1 34:44 | 1 1:27:23 | 1 53:07 | 1 2:55:14 |

Olympische Distanz am 09.08.2014

Ergebnisliste - Senioren 6

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|--------------------|------|----|-----|---------|-----------|---------|-----------|
| 1 | 145 | Mahnke, Alfred | HSG Uni Greifswald | MV | 49 | M65 | 1 34:11 | 1 1:21:01 | 1 55:03 | 1 2:50:15 |
| DNF | 133 | Breitsprecher, Bernd | TC FIKO Rostock | MV | 49 | M65 | - 39:19 | - - | - - | - - |

Jedermann Distanz am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|------------------------|--------------------------|------|----|-----|------|-------|-----|---------|----|-------|-----|----------|
| 1 | 281 | Jendretzki, Gero | TSG Burg Gretesch | NDS | 79 | M35 | 1 | 11:14 | 3 | 34:06 | 2 | 18:09 | 1 | 1:03:29 |
| 2 | 372 | Oranienburg, Kim | Tri Team Hamburg | HH | 89 | M25 | 1 | 10:35 | 2 | 33:52 | 1 | 19:28 | 3 | 1:03:55 |
| 3 | 323 | Schulenburg, Jan | Rostock | MV | 68 | M45 | 1 | 12:28 | 6 | 34:09 | 3 | 20:32 | 10 | 1:07:09 |
| 4 | 381 | Süssig, Marco | tg trizack | MV | 77 | M35 | 2 | 12:27 | 5 | 35:07 | 4 | 20:48 | 11 | 1:08:22 |
| 5 | 244 | Fischer, Sophie | TC FIKO Rostock | MV | 97 | W16 | 1 | 10:21 | 1 | 36:35 | 13 | 21:52 | 25 | 1:08:48 |
| 6 | 312 | Winkelmann, Olaf | BSG Hamburg Wasser | MV | 70 | M40 | 1 | 13:55 | 19 | 35:17 | 6 | 20:24 | 8 | 1:09:36 |
| 7 | 328 | Boden, Michael | LSV Teterow | MV | 71 | M40 | 2 | 14:40 | 37 | 36:21 | 11 | 19:50 | 6 | 1:10:51 |
| 8 | 373 | Weyland, Karsten | Ratzeburger SV Triathlon | SH | 61 | M50 | 1 | 12:37 | 8 | 37:07 | 20 | 21:25 | 16 | 1:11:09 |
| 9 | 303 | Lange, Stefan | Tri-Sport Schwerin | MV | 81 | M30 | 1 | 16:05 | 65 | 35:26 | 8 | 19:42 | 5 | 1:11:13 |
| 10 | 306 | Keller, Brun | Trisport Stove e.V | MV | 95 | M18 | 1 | 15:26 | 48 | 35:14 | 5 | 20:51 | 12 | 1:11:31 |
| 11 | 355 | Utes, Maik | Doberaner SV | MV | 85 | M25 | 2 | 14:09 | 24 | 36:59 | 18 | 20:28 | 9 | 1:11:36 |
| 12 | 309 | Quandt, Jens | Sternberg | MV | 79 | M35 | 3 | 12:40 | 9 | 38:20 | 29 | 21:27 | 18 | 1:12:27 |
| 13 | 280 | Haack, Christoph | Güstrow | MV | 82 | M30 | 2 | 15:58 | 63 | 37:33 | 23 | 19:04 | 2 | 1:12:35 |
| 14 | 345 | Wurm, Andreas | LSV Güstrow | MV | 69 | M45 | 2 | 13:57 | 21 | 36:53 | 16 | 21:50 | 24 | 1:12:40 |
| 15 | 386 | Rolff, Benjamin | Fürstenberg | BB | 90 | M20 | 1 | 13:54 | 18 | 36:45 | 14 | 22:15 | 26 | 1:12:54 |
| 16 | 305 | Rambow, Stephan | Groß Wüstenfelde | MV | 75 | M35 | 4 | 14:18 | 29 | 35:25 | 7 | 23:14 | 37 | 1:12:57 |
| 17 | 238 | Pötsch, Rinaldo | TC FIKO Rostock | MV | 70 | M40 | 3 | 13:37 | 17 | 36:58 | 17 | 22:40 | 32 | 1:13:15 |
| 18 | 237 | Truckenbrodt, Frank | Berlin | BE | 70 | M40 | 4 | 15:33 | 51 | 36:21 | 11 | 21:37 | 21 | 1:13:31 |
| 19 | 235 | Deißler, Alexander | Trisport Schwerin | MV | 73 | M40 | 5 | 14:44 | 39 | 35:36 | 9 | 23:46 | 52 | 1:14:06 |
| 20 | 321 | Steinhöfel, Jörg | PSV Neustrelitz | MV | 69 | M45 | 3 | 14:36 | 35 | 37:34 | 24 | 22:18 | 27 | 1:14:28 |
| 21 | 379 | Wendler, Christian | Grimmen | MV | 83 | M30 | 3 | 16:21 | 75 | 38:17 | 27 | 19:51 | 7 | 1:14:29 |
| 22 | 289 | Rösner, Ralph | LAC Mühl Rosin | MV | 73 | M40 | 6 | 15:42 | 55 | 37:46 | 25 | 21:36 | 20 | 1:15:04 |
| 23 | 315 | Ratjen, Philipp | Klein-Upahl | MV | 79 | M35 | 5 | 16:11 | 69 | 37:30 | 22 | 21:24 | 15 | 1:15:05 |
| 24 | 351 | Jabs, Andreas | Sarmstorf | MV | 74 | M40 | 7 | 14:03 | 22 | 39:26 | 40 | 21:37 | 21 | 1:15:06 |
| 25 | 330 | Wölkerling, Heiko | Schönberg | MV | 85 | M25 | 3 | 15:49 | 61 | 37:56 | 26 | 21:25 | 16 | 1:15:10 |
| 26 | 343 | Ernst, Frank | DLRG Stralsund | MV | 67 | M45 | 4 | 15:10 | 46 | 38:41 | 33 | 21:40 | 23 | 1:15:31 |
| 27 | 377 | Schweitzer, Jan | DLRG Rostock | MV | 85 | M25 | 4 | 12:50 | 11 | 40:03 | 47 | 23:30 | 43 | 1:16:23 |
| 28 | 302 | Eberhardt, Mario | LC Michendorf | BB | 63 | M50 | 2 | 15:46 | 58 | 38:19 | 28 | 22:32 | 29 | 1:16:37 |
| 29 | 253 | Lierow, Wolfgang | Tri Fun Güstrow | MV | 42 | M70 | 1 | 16:25 | 79 | 36:16 | 10 | 24:05 | 56 | 1:16:46 |
| 30 | 359 | Albrecht, André | TC FIKO Rostock | MV | 58 | M55 | 1 | 16:24 | 78 | 36:46 | 15 | 23:45 | 50 | 1:16:55 |
| 31 | 322 | Kowalk, Fred | SV HK Stralsund | MV | 63 | M50 | 3 | 14:12 | 25 | 39:09 | 39 | 23:50 | 55 | 1:17:11 |
| 32 | 308 | Rieck, Jan | Rostock | MV | 90 | M20 | 2 | 14:04 | 23 | 39:29 | 41 | 23:41 | 47 | 1:17:14 |
| 33 | 266 | Kramer, Stephan | Güstrow | MV | 76 | M35 | 6 | 14:32 | 33 | 38:55 | 37 | 23:48 | 53 | 1:17:15 |
| 34 | 274 | Schlosser, Albert | Tri Fun Güstrow | MV | 98 | M16 | 1 | 17:39 | 97 | 37:08 | 21 | 22:35 | 30 | 1:17:22 |
| 35 | 284 | Petersen, Axel | Güstrow | MV | 65 | M45 | 5 | 14:53 | 41 | 39:41 | 44 | 22:57 | 34 | 1:17:31 |
| 36 | 231 | Schwanz, Heiko | Güstrow | MV | 73 | M40 | 8 | 14:33 | 34 | 37:02 | 19 | 26:09 | 90 | 1:17:44 |
| 37 | 270 | Markawissuk, Jirka | Glinde | SH | 72 | M40 | 9 | 15:48 | 60 | 38:47 | 34 | 23:20 | 38 | 1:17:55 |
| 38 | 290 | Komm, Mario | trisport stove e.V. | MV | 90 | M20 | 3 | 18:51 | 112 | 38:48 | 35 | 20:54 | 13 | 1:18:33 |
| 39 | 369 | Reimann, Ralf | Mühl Rosin | MV | 63 | M50 | 4 | 15:36 | 53 | 38:52 | 36 | 24:07 | 58 | 1:18:35 |
| 40 | 241 | Janke, Stefan | MSV Mölln | SH | 69 | M45 | 6 | 14:17 | 28 | 39:49 | 46 | 24:43 | 66 | 1:18:49 |
| 41 | 267 | Glaserapp, Jörg | Groß Grabow | MV | 67 | M45 | 7 | 16:49 | 87 | 42:32 | 76 | 19:33 | 4 | 1:18:54 |
| 42 | 243 | Peemöller, Hans Herman | HT16 | HH | 54 | M60 | 1 | 16:29 | 81 | 39:31 | 42 | 22:59 | 35 | 1:18:59 |
| 43 | 311 | Kühdeisch, Nancy | Team Erdinger Alkoholfr | HH | 77 | W35 | 1 | 11:16 | 4 | 41:34 | 63 | 26:19 | 95 | 1:19:09 |
| 44 | 366 | Oprotkowitz, Andrea | tg trizack | MV | 89 | W25 | 1 | 13:56 | 20 | 41:53 | 71 | 23:24 | 40 | 1:19:13 |
| 45 | 292 | Czarnetzki, Markus | Halle | ST | 80 | M30 | 4 | 16:09 | 68 | 40:57 | 56 | 22:18 | 27 | 1:19:24 |
| 46 | 342 | Bernhardt, Stefan | Rote Rakete Racing Tea | MV | 81 | M30 | 5 | 14:41 | 38 | 38:37 | 31 | 26:07 | 89 | 1:19:25 |
| 47 | 318 | Nath, Andreas | Güstrow | MV | 71 | M40 | 10 | 14:39 | 36 | 39:07 | 38 | 25:58 | 85 | 1:19:44 |
| 48 | 276 | Schmettau, Ulf | SV Nikar Heidelberg | BW | 76 | M35 | 7 | 14:26 | 32 | 40:33 | 52 | 24:48 | 68 | 1:19:47 |
| 49 | 356 | Hitzbleck, Henrik | Berlin | BE | 60 | M50 | 5 | 15:34 | 52 | 39:31 | 42 | 25:04 | 73 | 1:20:09 |
| 50 | 313 | Wohlitz, Torsten | FHSG Stralsund | MV | 71 | M40 | 11 | 16:59 | 90 | 42:06 | 75 | 21:06 | 14 | 1:20:11 |
| 51 | 333 | Kühl, Agnes | SC Neubrandenburg | MV | 71 | W40 | 1 | 14:59 | 42 | 38:35 | 30 | 26:39 | 97 | 1:20:13 |
| 52 | 380 | Mampe, Sven | Team "dabei is alles" | MV | 82 | M30 | 6 | 16:20 | 74 | 40:29 | 51 | 23:26 | 42 | 1:20:15 |
| 53 | 234 | Erxleben, Jens | Pastin | MV | 81 | M30 | 7 | 17:04 | 93 | 38:38 | 32 | 23:41 | 47 | 1:20:23* |
| 54 | 365 | Starck, Birgit | Doberaner SV | MV | 66 | W45 | 1 | 16:04 | 64 | 40:35 | 53 | 24:06 | 57 | 1:20:45 |
| 55 | 341 | Stegmann, Martin | Rote Rakete Racing Tea | MV | 82 | M30 | 8 | 16:28 | 80 | 41:48 | 69 | 22:36 | 31 | 1:20:52 |
| 56 | 353 | Radeke, Jens | Schwerin | MV | 86 | M25 | 5 | 16:06 | 66 | 40:07 | 49 | 25:06 | 74 | 1:21:19 |
| 57 | 367 | Schulert, Philipp | Dragun OT Vietlütbe | MV | 86 | M25 | 6 | 14:15 | 27 | 41:36 | 65 | 25:45 | 81 | 1:21:36 |
| 58 | 339 | Pflücker, Dagmar | TriSportSchwerin | MV | 72 | W40 | 2 | 12:47 | 10 | 41:42 | 66 | 27:13 | 103 | 1:21:42 |
| 59 | 347 | Frommholz, Conny | Hamburg | HH | 80 | W30 | 1 | 15:41 | 54 | 40:07 | 49 | 25:56 | 84 | 1:21:44 |
| 60 | 264 | David, Maik | Wismar | MV | 65 | M45 | 8 | 19:03 | 115 | 41:19 | 60 | 21:32 | 19 | 1:21:54 |

Jedermann Distanz am 09.08.2014

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|--------------------------|-------------------------|------|----|-----|------|-------|-----|---------|-----|-------|-----|---------|
| 61 | 364 | Delkujs, Stephan | Schwerin | MV | 78 | M35 | 8 | 16:08 | 67 | 41:43 | 67 | 24:17 | 62 | 1:22:08 |
| 62 | 273 | Wähner, Philipp | Hamburg | HH | 92 | M20 | 4 | 15:02 | 44 | 41:17 | 59 | 26:01 | 86 | 1:22:20 |
| 63 | 390 | Berndt, Silke | TG triZack Rostock | MV | 68 | W45 | 2 | 15:45 | 57 | 40:54 | 54 | 26:13 | 93 | 1:22:52 |
| 64 | 254 | Schätz, Rainer | Mühl Rosin | MV | 63 | M50 | 6 | 17:01 | 92 | 42:05 | 74 | 23:49 | 54 | 1:22:55 |
| 65 | 271 | Bloß, Hans-Ulrich | TG triZack Rostock | MV | 65 | M45 | 9 | 15:09 | 45 | 40:58 | 57 | 26:51 | 99 | 1:22:58 |
| 66 | 251 | Meibauer, Matthias | Schmarsow | MV | 64 | M50 | 7 | 18:27 | 108 | 39:47 | 45 | 24:49 | 69 | 1:23:03 |
| 67 | 263 | Schulz, Rüdiger | Güstrow | MV | 70 | M40 | 12 | 13:34 | 16 | 43:38 | 88 | 26:02 | 87 | 1:23:14 |
| 68 | 383 | Eschenburg, Christoph | Turbo bete | BE | 88 | M25 | 7 | 15:47 | 59 | 43:55 | 89 | 23:33 | 44 | 1:23:15 |
| 69 | 299 | González Díaz, Luis Albe | Retschow | MV | 75 | M35 | 9 | 16:50 | 88 | 42:45 | 81 | 23:41 | 47 | 1:23:16 |
| 70 | 371 | Brümmer, Klaus | Rostock | MV | 58 | M55 | 2 | 18:25 | 106 | 41:28 | 62 | 23:24 | 40 | 1:23:17 |
| 71 | 242 | Thiede, Bernd | MSV Mölln | SH | 67 | M45 | 10 | 14:13 | 26 | 40:03 | 47 | 29:10 | 115 | 1:23:26 |
| 72 | 293 | Kiel, Bernd | Krakow am See | MV | 70 | M40 | 13 | 14:52 | 40 | 42:33 | 77 | 26:04 | 88 | 1:23:29 |
| 73 | 340 | Wagner, Peter | Rostock | MV | 78 | M35 | 10 | 15:57 | 62 | 42:34 | 78 | 25:06 | 74 | 1:23:37 |
| 74 | 335 | Sagl, Robert | tri-sport stove.e.V | MV | 76 | M35 | 11 | 17:00 | 91 | 43:04 | 83 | 23:40 | 46 | 1:23:44 |
| 75 | 287 | Pätzelt, Frank | Hamburg | HH | 81 | M30 | 9 | 18:58 | 114 | 41:57 | 72 | 22:51 | 33 | 1:23:46 |
| 76 | 374 | Ludewigs, Mandy | Berlin | BE | 81 | W30 | 2 | 12:52 | 12 | 43:26 | 87 | 27:56 | 107 | 1:24:14 |
| 77 | 247 | Schannewitzky, Uta | Berlin | BE | 69 | W45 | 3 | 16:17 | 72 | 43:20 | 85 | 24:53 | 71 | 1:24:30 |
| 78 | 384 | Feldmann, Maria | Berlin | BE | 88 | W25 | 2 | 16:14 | 71 | 43:24 | 86 | 25:07 | 76 | 1:24:45 |
| 79 | 317 | Harbrecht, Ina | SV Breitling Rostock | MV | 64 | W50 | 1 | 13:13 | 15 | 45:29 | 99 | 26:11 | 91 | 1:24:53 |
| 80 | 261 | Wendtland, Thomas | TG triZack Rostock e.V. | MV | 71 | M40 | 14 | 19:14 | 117 | 40:56 | 55 | 24:51 | 70 | 1:25:01 |
| 81 | 334 | Sauer, Christoph | Perow | MV | 90 | M20 | 5 | 18:24 | 105 | 42:53 | 82 | 23:45 | 50 | 1:25:02 |
| 82 | 272 | Hillmann, Thomas | Wismar | MV | 60 | M50 | 8 | 18:23 | 104 | 42:35 | 79 | 24:10 | 59 | 1:25:08 |
| 83 | 260 | Purwin, Jette | Groß Grabow | MV | 98 | W16 | 2 | 12:54 | 14 | 45:55 | 107 | 26:25 | 96 | 1:25:14 |
| 84 | 326 | Oswald, Thomas | TC FIKO Rostock | MV | 68 | M45 | 11 | 19:09 | 116 | 40:58 | 57 | 25:13 | 78 | 1:25:20 |
| 85 | 376 | Radewaldt, Konstantin | Team Kladow | BE | 81 | M30 | 10 | 15:27 | 49 | 41:20 | 61 | 28:34 | 110 | 1:25:21 |
| 86 | 288 | Dr. Kühne, Jürgen | HSG Uni Greifswald | MV | 49 | M65 | 1 | 16:19 | 73 | 41:34 | 63 | 27:33 | 105 | 1:25:26 |
| 87 | 259 | Kohlen, Juliane | DLRG Wismar | MV | 97 | W16 | 3 | 14:22 | 31 | 46:53 | 113 | 24:16 | 61 | 1:25:31 |
| 88 | 319 | Schwartz, Ingolf | Güstrow | MV | 65 | M45 | 12 | 18:26 | 107 | 42:36 | 80 | 24:31 | 63 | 1:25:33 |
| 89 | 363 | Schierz, Petra | Rostock | MV | 73 | W40 | 3 | 15:44 | 56 | 44:18 | 93 | 25:32 | 80 | 1:25:34 |
| 90 | 357 | Sauritz, Mathias | Bülower Burg | MV | 80 | M30 | 11 | 17:15 | 95 | 45:35 | 103 | 23:11 | 36 | 1:26:01 |
| 91 | 375 | Vibrans, Johanna | Team Kladow | BB | 86 | W25 | 3 | 16:52 | 89 | 44:21 | 94 | 24:57 | 72 | 1:26:10 |
| 92 | 346 | Bannier, Jörg | SV Einheit Güstrow | MV | 66 | M45 | 13 | 17:51 | 98 | 44:12 | 90 | 24:10 | 59 | 1:26:13 |
| 93 | 300 | Beckhoff, Norbert | Schwetzin | MV | 69 | M45 | 14 | 20:36 | 126 | 42:00 | 73 | 23:38 | 45 | 1:26:14 |
| 94 | 382 | Kelm, Michael | SV Groß Wokern | MV | 61 | M50 | 9 | 18:28 | 109 | 41:48 | 69 | 26:12 | 92 | 1:26:28 |
| 95 | 358 | Keller, Gerald | trisport stove e.V. | MV | 59 | M55 | 3 | 17:56 | 99 | 41:47 | 68 | 27:06 | 102 | 1:26:49 |
| 96 | 370 | Pospech, Jola | Rostock | MV | 86 | W25 | 4 | 12:34 | 7 | 44:12 | 90 | 30:04 | 120 | 1:26:50 |
| 97 | 368 | Bußmann, Jörg | Tri Fun Güstrow | MV | 55 | M55 | 4 | 18:54 | 113 | 43:17 | 84 | 24:40 | 65 | 1:26:51 |
| 98 | 307 | Pett, David | Rostock | MV | 90 | M20 | 6 | 18:22 | 103 | 44:12 | 90 | 24:44 | 67 | 1:27:18 |
| 99 | 262 | Patzig, Günther | Berlin | MV | 57 | M55 | 5 | 16:41 | 85 | 45:32 | 101 | 25:08 | 77 | 1:27:21 |
| 100 | 268 | Purwin, Lina | Groß Grabow | MV | 94 | W20 | 1 | 14:19 | 30 | 44:24 | 95 | 29:27 | 117 | 1:28:10 |
| 101 | 348 | Schröder, Thekla | Rostock | MV | 85 | W25 | 5 | 17:08 | 94 | 45:43 | 105 | 25:25 | 79 | 1:28:16 |
| 102 | 378 | Jähnig, André | Avocis Rostock GmbH | MV | 85 | M25 | 8 | 15:01 | 43 | 46:50 | 112 | 26:56 | 100 | 1:28:47 |
| 103 | 250 | Beese, Knut | Güstrow | MV | 68 | M45 | 15 | 19:47 | 122 | 45:47 | 106 | 23:20 | 38 | 1:28:54 |
| 104 | 331 | Marklein, Steffen | Klein Grenz | MV | 61 | M50 | 10 | 16:39 | 84 | 45:37 | 104 | 26:50 | 98 | 1:29:06 |
| 105 | 278 | Schomann, Ulrike | Tramm | MV | 69 | W45 | 4 | 18:16 | 102 | 45:30 | 100 | 25:45 | 81 | 1:29:31 |
| 106 | 256 | Fuchs, Arnold | LSV Güstrow | MV | 56 | M55 | 6 | 18:29 | 110 | 46:37 | 110 | 24:33 | 64 | 1:29:39 |
| 107 | 277 | Neumann, Cornelia | VfL Burg Stargard | MV | 77 | W35 | 2 | 18:15 | 101 | 44:32 | 96 | 27:05 | 101 | 1:29:52 |
| 108 | 236 | Richter, Katrin | Triathlon Potsdam | BB | 74 | W40 | 4 | 15:21 | 47 | 46:15 | 108 | 28:54 | 114 | 1:30:30 |
| 109 | 282 | Rückert, Holger | Jatznick | MV | 63 | M50 | 11 | 16:34 | 83 | 47:24 | 114 | 28:07 | 108 | 1:32:05 |
| 110 | 255 | Schätz, Henning | Mühl Rosin | MV | 97 | M16 | 2 | 12:53 | 13 | 50:25 | 123 | 28:49 | 113 | 1:32:07 |
| 111 | 245 | Fischer, Nannett | Krakow am See | MV | 71 | W40 | 5 | 16:23 | 77 | 47:41 | 116 | 28:19 | 109 | 1:32:23 |
| 112 | 325 | Vegetahn, Dirk | Neoprenallergiker | BE | 69 | M45 | 16 | 19:21 | 119 | 45:34 | 102 | 29:14 | 116 | 1:34:09 |
| 113 | 310 | Hoelow, Nadine | trisport stove e.V. | SH | 83 | W30 | 3 | 21:51 | 128 | 46:20 | 109 | 26:17 | 94 | 1:34:28 |
| 114 | 258 | Kohlen, Kathrin | DLRG Wismar | MV | 66 | W45 | 5 | 16:12 | 70 | 48:11 | 119 | 30:13 | 121 | 1:34:36 |
| 115 | 352 | Bree, Christin | Rostock | MV | 82 | W30 | 4 | 16:22 | 76 | 47:43 | 117 | 30:43 | 123 | 1:34:48 |
| 116 | 344 | Schmode, Stella | Rostock | MV | 85 | W25 | 6 | 16:33 | 82 | 50:15 | 121 | 29:52 | 119 | 1:36:40 |
| 117 | 329 | Peters, Jörg | Mühl Rosin | MV | 64 | M50 | 12 | 26:26 | 135 | 44:47 | 97 | 25:46 | 83 | 1:36:59 |
| 118 | 316 | Rößler, Dirk | Güstrow | MV | 71 | M40 | 15 | 19:20 | 118 | 46:44 | 111 | 31:00 | 125 | 1:37:04 |
| 119 | 285 | Taubert, Hans-Georg | SV Hanse-Klinikum Stral | MV | 46 | M65 | 2 | 20:18 | 125 | 50:10 | 120 | 27:14 | 104 | 1:37:42 |
| 120 | 246 | Hübener, Anna Maria | Tri Fun Güstrow | MV | 82 | W30 | 5 | 17:24 | 96 | 50:50 | 124 | 30:25 | 122 | 1:38:39 |

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Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------------|------------------|------|----|-----|--------------|-------------|-----------|---------|
| 121 | 362 | König, Anja | Krakow am See | MV | 86 | W25 | 7 18:34 111 | 52:19 125 | 28:38 111 | 1:39:31 |
| 122 | 291 | Czarnetzki, Joachim | Tri Fun Güstrow | MV | 47 | M65 | 3 23:20 134 | - - | 1:17:12 - | 1:40:32 |
| 123 | 327 | Hölscher, Wolfgang | Berlin | MV | 48 | M65 | 4 20:17 124 | 45:12 98 | 35:19 129 | 1:40:48 |
| 124 | 304 | Langschwager, Wolfgang | TC FIKO Rostock | MV | 39 | M75 | 1 21:52 129 | 48:08 118 | 30:50 124 | 1:40:50 |
| 125 | 385 | Malysheva, Olga | Leipzig | SN | 67 | W45 | 6 23:10 132 | 50:15 121 | 29:32 118 | 1:42:57 |
| 126 | 336 | Bargel, Dieter | LSV Teterow | MV | 46 | M65 | 5 23:19 133 | 47:40 115 | 32:32 127 | 1:43:31 |
| 127 | 354 | Schilf, Helge | Freizeit | MV | 62 | M50 | 13 19:36 121 | 55:26 127 | 28:44 112 | 1:43:46 |
| 128 | 294 | Geske, Tina | Lohmen | MV | 74 | W40 | 6 19:57 123 | 58:10 130 | 27:41 106 | 1:45:48 |
| 129 | 286 | Wolff, Günter | LSV Güstrow | MV | 46 | M65 | 6 19:31 120 | 56:21 129 | 32:23 126 | 1:48:15 |
| 130 | 361 | Strenziok, Rolf | SV Warnemünde | MV | 44 | M70 | 2 20:39 127 | 56:07 128 | 35:53 131 | 1:52:39 |
| 131 | 232 | Geske, Nadine | Kielersprotte | BE | 83 | W30 | 6 16:46 86 | 53:56 126 | 42:49 135 | 1:53:31 |
| 132 | 349 | Frank-Werner, Annett | Erfurt | TH | 73 | W40 | 7 15:30 50 | 1:02:33 132 | 39:03 133 | 1:57:06 |
| 133 | 252 | Kopp, Johanna Sophia | Kirch Rosin | MV | 96 | W18 | 1 18:00 100 | 1:02:58 133 | 37:16 132 | 1:58:14 |
| 134 | 295 | Hubrich, Doreen | Beselin | MV | 71 | W40 | 8 22:54 130 | 1:04:15 134 | 33:07 128 | 2:00:16 |
| 135 | 296 | Oestreich, Anna | Beselin | MV | 97 | W16 | 4 22:55 131 | 1:04:15 134 | 35:31 130 | 2:02:41 |
| 136 | 338 | Mandl, Dirk | TriAs Hildesheim | NI | 66 | M45 | 17 26:31 136 | 59:04 131 | 41:22 134 | 2:06:57 |
| DNF | 350 | Grewe, Christian | Rostock | MV | 88 | M25 | - 13:58 - | - - | - - | - |

* Endzeit beinhaltet Zeitstrafe

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Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|--------------------------|------|----|-----|------------|----------|----------|---------|
| 1 | 281 | Jendretzki, Gero | TSG Burg Gretesch | NDS | 79 | M35 | 1 11:14 2 | 34:06 2 | 18:09 1 | 1:03:29 |
| 2 | 372 | Oranienburg, Kim | Tri Team Hamburg | HH | 89 | M25 | 1 10:35 1 | 33:52 1 | 19:28 3 | 1:03:55 |
| 3 | 323 | Schulenburg, Jan | Rostock | MV | 68 | M45 | 1 12:28 4 | 34:09 3 | 20:32 10 | 1:07:09 |
| 4 | 381 | Süssig, Marco | tg trizack | MV | 77 | M35 | 2 12:27 3 | 35:07 4 | 20:48 11 | 1:08:22 |
| 5 | 312 | Winkelmann, Olaf | BSG Hamburg Wasser | MV | 70 | M40 | 1 13:55 12 | 35:17 6 | 20:24 8 | 1:09:36 |
| 6 | 328 | Boden, Michael | LSV Teterow | MV | 71 | M40 | 2 14:40 27 | 36:21 11 | 19:50 6 | 1:10:51 |
| 7 | 373 | Weyland, Karsten | Ratzeburger SV Triathlon | SH | 61 | M50 | 1 12:37 5 | 37:07 19 | 21:25 16 | 1:11:09 |
| 8 | 303 | Lange, Stefan | Tri-Sport Schwerin | MV | 81 | M30 | 1 16:05 48 | 35:26 8 | 19:42 5 | 1:11:13 |
| 9 | 306 | Keller, Brun | Trisport Stove e.V | MV | 95 | M18 | 1 15:26 36 | 35:14 5 | 20:51 12 | 1:11:31 |
| 10 | 355 | Utes, Maik | Doberaner SV | MV | 85 | M25 | 2 14:09 16 | 36:59 17 | 20:28 9 | 1:11:36 |
| 11 | 309 | Quandt, Jens | Sternberg | MV | 79 | M35 | 3 12:40 6 | 38:20 28 | 21:27 18 | 1:12:27 |
| 12 | 280 | Haack, Christoph | Güstrow | MV | 82 | M30 | 2 15:58 47 | 37:33 22 | 19:04 2 | 1:12:35 |
| 13 | 345 | Wurm, Andreas | LSV Güstrow | MV | 69 | M45 | 2 13:57 13 | 36:53 15 | 21:50 24 | 1:12:40 |
| 14 | 386 | Rolff, Benjamin | Fürstenberg | BB | 90 | M20 | 1 13:54 11 | 36:45 13 | 22:15 25 | 1:12:54 |
| 15 | 305 | Rambow, Stephan | Groß Wüstenfelde | MV | 75 | M35 | 4 14:18 21 | 35:25 7 | 23:14 36 | 1:12:57 |
| 16 | 238 | Pötsch, Rinaldo | TC FIKO Rostock | MV | 70 | M40 | 3 13:37 10 | 36:58 16 | 22:40 31 | 1:13:15 |
| 17 | 237 | Truckenbrodt, Frank | Berlin | BE | 70 | M40 | 4 15:33 38 | 36:21 11 | 21:37 21 | 1:13:31 |
| 18 | 235 | Deißler, Alexander | Trisport Schwerin | MV | 73 | M40 | 5 14:44 29 | 35:36 9 | 23:46 50 | 1:14:06 |
| 19 | 321 | Steinhöfel, Jörg | PSV Neustrelitz | MV | 69 | M45 | 3 14:36 25 | 37:34 23 | 22:18 26 | 1:14:28 |
| 20 | 379 | Wendler, Christian | Grimmen | MV | 83 | M30 | 3 16:21 55 | 38:17 26 | 19:51 7 | 1:14:29 |
| 21 | 289 | Rösner, Ralph | LAC Mühl Rosin | MV | 73 | M40 | 6 15:42 41 | 37:46 24 | 21:36 20 | 1:15:04 |
| 22 | 315 | Ratjen, Philipp | Klein-Upahl | MV | 79 | M35 | 5 16:11 52 | 37:30 21 | 21:24 15 | 1:15:05 |
| 23 | 351 | Jabs, Andreas | Sarmstorf | MV | 74 | M40 | 7 14:03 14 | 39:26 38 | 21:37 21 | 1:15:06 |
| 24 | 330 | Wölkerling, Heiko | Schönberg | MV | 85 | M25 | 3 15:49 45 | 37:56 25 | 21:25 16 | 1:15:10 |
| 25 | 343 | Ernst, Frank | DLRG Stralsund | MV | 67 | M45 | 4 15:10 35 | 38:41 31 | 21:40 23 | 1:15:31 |
| 26 | 377 | Schweitzer, Jan | DLRG Rostock | MV | 85 | M25 | 4 12:50 7 | 40:03 45 | 23:30 41 | 1:16:23 |
| 27 | 302 | Eberhardt, Mario | LC Michendorf | BB | 63 | M50 | 2 15:46 42 | 38:19 27 | 22:32 28 | 1:16:37 |
| 28 | 253 | Lierow, Wolfgang | Tri Fun Güstrow | MV | 42 | M70 | 1 16:25 57 | 36:16 10 | 24:05 54 | 1:16:46 |
| 29 | 359 | Albrecht, André | TC FIKO Rostock | MV | 58 | M55 | 1 16:24 56 | 36:46 14 | 23:45 48 | 1:16:55 |
| 30 | 322 | Kowalk, Fred | SV HK Stralsund | MV | 63 | M50 | 3 14:12 17 | 39:09 37 | 23:50 53 | 1:17:11 |
| 31 | 308 | Rieck, Jan | Rostock | MV | 90 | M20 | 2 14:04 15 | 39:29 39 | 23:41 45 | 1:17:14 |
| 32 | 266 | Kramer, Stephan | Güstrow | MV | 76 | M35 | 6 14:32 23 | 38:55 35 | 23:48 51 | 1:17:15 |
| 33 | 274 | Schlosser, Albert | Tri Fun Güstrow | MV | 98 | M16 | 1 17:39 70 | 37:08 20 | 22:35 29 | 1:17:22 |
| 34 | 284 | Petersen, Axel | Güstrow | MV | 65 | M45 | 5 14:53 31 | 39:41 42 | 22:57 33 | 1:17:31 |
| 35 | 231 | Schwanz, Heiko | Güstrow | MV | 73 | M40 | 8 14:33 24 | 37:02 18 | 26:09 79 | 1:17:44 |
| 36 | 270 | Markawissuk, Jirka | Glinde | SH | 72 | M40 | 9 15:48 44 | 38:47 32 | 23:20 37 | 1:17:55 |

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Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | | Bike | | Run | | Endzeit | |
|-----|-----|--------------------------|-------------------------|------|----|-----|------|-------|------|-------|-----|---------|---------|----------|
| 37 | 290 | Komm, Mario | trispport stove e.V. | MV | 90 | M20 | 3 | 18:51 | 81 | 38:48 | 33 | 20:54 | 13 | 1:18:33 |
| 38 | 369 | Reimann, Ralf | Mühl Rosin | MV | 63 | M50 | 4 | 15:36 | 40 | 38:52 | 34 | 24:07 | 55 | 1:18:35 |
| 39 | 241 | Janke, Stefan | MSV Mölln | SH | 69 | M45 | 6 | 14:17 | 20 | 39:49 | 44 | 24:43 | 62 | 1:18:49 |
| 40 | 267 | Glasenapp, Jörg | Groß Grabow | MV | 67 | M45 | 7 | 16:49 | 63 | 42:32 | 68 | 19:33 | 4 | 1:18:54 |
| 41 | 243 | Peemöller, Hans Herman | HT16 | HH | 54 | M60 | 1 | 16:29 | 59 | 39:31 | 40 | 22:59 | 34 | 1:18:59 |
| 42 | 292 | Czarnetzki, Markus | Halle | ST | 80 | M30 | 4 | 16:09 | 51 | 40:57 | 51 | 22:18 | 26 | 1:19:24 |
| 43 | 342 | Bernhardt, Stefan | Rote Rakete Racing Tea | MV | 81 | M30 | 5 | 14:41 | 28 | 38:37 | 29 | 26:07 | 78 | 1:19:25 |
| 44 | 318 | Nath, Andreas | Güstrow | MV | 71 | M40 | 10 | 14:39 | 26 | 39:07 | 36 | 25:58 | 74 | 1:19:44 |
| 45 | 276 | Schmettau, Ulf | SV Nikar Heidelberg | BW | 76 | M35 | 7 | 14:26 | 22 | 40:33 | 49 | 24:48 | 64 | 1:19:47 |
| 46 | 356 | Hitzbleck, Henrik | Berlin | BE | 60 | M50 | 5 | 15:34 | 39 | 39:31 | 40 | 25:04 | 67 | 1:20:09 |
| 47 | 313 | Wohlatz, Torsten | FHSG Stralsund | MV | 71 | M40 | 11 | 16:59 | 65 | 42:06 | 67 | 21:06 | 14 | 1:20:11 |
| 48 | 380 | Mampe, Sven | Team "dabei is alles" | MV | 82 | M30 | 6 | 16:20 | 54 | 40:29 | 48 | 23:26 | 40 | 1:20:15 |
| 49 | 234 | Erxleben, Jens | Pastin | MV | 81 | M30 | 7 | 17:04 | 68 | 38:38 | 30 | 23:41 | 45 | 1:20:23* |
| 50 | 341 | Stegmann, Martin | Rote Rakete Racing Tea | MV | 82 | M30 | 8 | 16:28 | 58 | 41:48 | 62 | 22:36 | 30 | 1:20:52 |
| 51 | 353 | Radeke, Jens | Schwerin | MV | 86 | M25 | 5 | 16:06 | 49 | 40:07 | 47 | 25:06 | 68 | 1:21:19 |
| 52 | 367 | Schulert, Philipp | Dragun OT Vietübbe | MV | 86 | M25 | 6 | 14:15 | 19 | 41:36 | 59 | 25:45 | 72 | 1:21:36 |
| 53 | 264 | David, Maik | Wismar | MV | 65 | M45 | 8 | 19:03 | 84 | 41:19 | 55 | 21:32 | 19 | 1:21:54 |
| 54 | 364 | Delkujs, Stephan | Schwerin | MV | 78 | M35 | 8 | 16:08 | 50 | 41:43 | 60 | 24:17 | 58 | 1:22:08 |
| 55 | 273 | Wähner, Philipp | Hamburg | HH | 92 | M20 | 4 | 15:02 | 33 | 41:17 | 54 | 26:01 | 75 | 1:22:20 |
| 56 | 254 | Schätz, Rainer | Mühl Rosin | MV | 63 | M50 | 6 | 17:01 | 67 | 42:05 | 66 | 23:49 | 52 | 1:22:55 |
| 57 | 271 | Bloß, Hans-Ulrich | TG triZack Rostock | MV | 65 | M45 | 9 | 15:09 | 34 | 40:58 | 52 | 26:51 | 82 | 1:22:58 |
| 58 | 251 | Meibauer, Matthias | Schmarsow | MV | 64 | M50 | 7 | 18:27 | 78 | 39:47 | 43 | 24:49 | 65 | 1:23:03 |
| 59 | 263 | Schulz, Rüdiger | Güstrow | MV | 70 | M40 | 12 | 13:34 | 9 | 43:38 | 77 | 26:02 | 76 | 1:23:14 |
| 60 | 383 | Eschenburg, Christoph | Turbo bete | BE | 88 | M25 | 7 | 15:47 | 43 | 43:55 | 78 | 23:33 | 42 | 1:23:15 |
| 61 | 299 | González Díaz, Luis Albe | Retschow | MV | 75 | M35 | 9 | 16:50 | 64 | 42:45 | 73 | 23:41 | 45 | 1:23:16 |
| 62 | 371 | Brümmer, Klaus | Rostock | MV | 58 | M55 | 2 | 18:25 | 76 | 41:28 | 57 | 23:24 | 39 | 1:23:17 |
| 63 | 242 | Thiede, Bernd | MSV Mölln | SH | 67 | M45 | 10 | 14:13 | 18 | 40:03 | 45 | 29:10 | 91 | 1:23:26 |
| 64 | 293 | Kiel, Bernd | Krakow am See | MV | 70 | M40 | 13 | 14:52 | 30 | 42:33 | 69 | 26:04 | 77 | 1:23:29 |
| 65 | 340 | Wagner, Peter | Rostock | MV | 78 | M35 | 10 | 15:57 | 46 | 42:34 | 70 | 25:06 | 68 | 1:23:37 |
| 66 | 335 | Sagl, Robert | tri-sport stove.e.V | MV | 76 | M35 | 11 | 17:00 | 66 | 43:04 | 75 | 23:40 | 44 | 1:23:44 |
| 67 | 287 | Pätzelt, Frank | Hamburg | HH | 81 | M30 | 9 | 18:58 | 83 | 41:57 | 64 | 22:51 | 32 | 1:23:46 |
| 68 | 261 | Wendland, Thomas | TG triZack Rostock e.V. | MV | 71 | M40 | 14 | 19:14 | 86 | 40:56 | 50 | 24:51 | 66 | 1:25:01 |
| 69 | 334 | Sauer, Christoph | Perow | MV | 90 | M20 | 5 | 18:24 | 75 | 42:53 | 74 | 23:45 | 48 | 1:25:02 |
| 70 | 272 | Hillmann, Thomas | Wismar | MV | 60 | M50 | 8 | 18:23 | 74 | 42:35 | 71 | 24:10 | 56 | 1:25:08 |
| 71 | 326 | Oswald, Thomas | TC FIKO Rostock | MV | 68 | M45 | 11 | 19:09 | 85 | 40:58 | 52 | 25:13 | 71 | 1:25:20 |
| 72 | 376 | Radewaldt, Konstantin | Team Kladow | BE | 81 | M30 | 10 | 15:27 | 37 | 41:20 | 56 | 28:34 | 88 | 1:25:21 |
| 73 | 288 | Dr. Kühne, Jürgen | HSG Uni Greifswald | MV | 49 | M65 | 1 | 16:19 | 53 | 41:34 | 58 | 27:33 | 86 | 1:25:26 |
| 74 | 319 | Schwartz, Ingolf | Güstrow | MV | 65 | M45 | 12 | 18:26 | 77 | 42:36 | 72 | 24:31 | 59 | 1:25:33 |
| 75 | 357 | Sauritz, Mathias | Bülower Burg | MV | 80 | M30 | 11 | 17:15 | 69 | 45:35 | 85 | 23:11 | 35 | 1:26:01 |
| 76 | 346 | Bannier, Jörg | SV Einheit Güstrow | MV | 66 | M45 | 13 | 17:51 | 71 | 44:12 | 79 | 24:10 | 56 | 1:26:13 |
| 77 | 300 | Beckhoff, Norbert | Schwetzin | MV | 69 | M45 | 14 | 20:36 | 94 | 42:00 | 65 | 23:38 | 43 | 1:26:14 |
| 78 | 382 | Kelm, Michael | SV Groß Wokern | MV | 61 | M50 | 9 | 18:28 | 79 | 41:48 | 62 | 26:12 | 80 | 1:26:28 |
| 79 | 358 | Keller, Gerald | trispport stove e.V. | MV | 59 | M55 | 3 | 17:56 | 72 | 41:47 | 61 | 27:06 | 84 | 1:26:49 |
| 80 | 368 | Bußmann, Jörg | Tri Fun Güstrow | MV | 55 | M55 | 4 | 18:54 | 82 | 43:17 | 76 | 24:40 | 61 | 1:26:51 |
| 81 | 307 | Pett, David | Rostock | MV | 90 | M20 | 6 | 18:22 | 73 | 44:12 | 79 | 24:44 | 63 | 1:27:18 |
| 82 | 262 | Patzig, Günther | Berlin | MV | 57 | M55 | 5 | 16:41 | 62 | 45:32 | 83 | 25:08 | 70 | 1:27:21 |
| 83 | 378 | Jähnig, André | Avocis Rostock GmbH | MV | 85 | M25 | 8 | 15:01 | 32 | 46:50 | 90 | 26:56 | 83 | 1:28:47 |
| 84 | 250 | Beese, Knut | Güstrow | MV | 68 | M45 | 15 | 19:47 | 91 | 45:47 | 87 | 23:20 | 37 | 1:28:54 |
| 85 | 331 | Marklein, Steffen | Klein Grenz | MV | 61 | M50 | 10 | 16:39 | 61 | 45:37 | 86 | 26:50 | 81 | 1:29:06 |
| 86 | 256 | Fuchs, Arnold | LSV Güstrow | MV | 56 | M55 | 6 | 18:29 | 80 | 46:37 | 88 | 24:33 | 60 | 1:29:39 |
| 87 | 282 | Rückert, Holger | Jatznick | MV | 63 | M50 | 11 | 16:34 | 60 | 47:24 | 91 | 28:07 | 87 | 1:32:05 |
| 88 | 255 | Schätz, Henning | Mühl Rosin | MV | 97 | M16 | 2 | 12:53 | 8 | 50:25 | 95 | 28:49 | 90 | 1:32:07 |
| 89 | 325 | Vegetahn, Dirk | Neoprenallergiker | BE | 69 | M45 | 16 | 19:21 | 88 | 45:34 | 84 | 29:14 | 92 | 1:34:09 |
| 90 | 329 | Peters, Jörg | Mühl Rosin | MV | 64 | M50 | 12 | 26:26 | 99 | 44:47 | 81 | 25:46 | 73 | 1:36:59 |
| 91 | 316 | Rößler, Dirk | Güstrow | MV | 71 | M40 | 15 | 19:20 | 87 | 46:44 | 89 | 31:00 | 94 | 1:37:04 |
| 92 | 285 | Taubert, Hans-Georg | SV Hanse-Klinikum Stral | MV | 46 | M65 | 2 | 20:18 | 93 | 50:10 | 94 | 27:14 | 85 | 1:37:42 |
| 93 | 291 | Czarnetzki, Joachim | Tri Fun Güstrow | MV | 47 | M65 | 3 | 23:20 | 98 | - | - | 1:17:12 | - | 1:40:32 |
| 94 | 327 | Hölscher, Wolfgang | Berlin | MV | 48 | M65 | 4 | 20:17 | 92 | 45:12 | 82 | 35:19 | 97 | 1:40:48 |
| 95 | 304 | Langschwager, Wolfgang | TC FIKO Rostock | MV | 39 | M75 | 1 | 21:52 | 96 | 48:08 | 93 | 30:50 | 93 | 1:40:50 |
| 96 | 336 | Bargel, Dieter | LSV Teterow | MV | 46 | M65 | 5 | 23:19 | 97 | 47:40 | 92 | 32:32 | 96 | 1:43:31 |

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Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|------------------|------|----|--------|-----------|----------|----------|---------|
| 97 | 354 | Schilf, Helge | Freizeit | MV | 62 | M50 13 | 19:36 90 | 55:26 96 | 28:44 89 | 1:43:46 |
| 98 | 286 | Wolff, Günter | LSV Güstrow | MV | 46 | M65 6 | 19:31 89 | 56:21 98 | 32:23 95 | 1:48:15 |
| 99 | 361 | Strenziok, Rolf | SV Warnemünde | MV | 44 | M70 2 | 20:39 95 | 56:07 97 | 35:53 98 | 1:52:39 |
| 100 | 338 | Mandl, Dirk | TriAs Hildesheim | NI | 66 | M45 17 | 26:31 100 | 59:04 99 | 41:22 99 | 2:06:57 |
| DNF | 350 | Grewe, Christian | Rostock | MV | 88 | M25 - | 13:58 - | - - | - - | - |

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Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-------------------------|------|----|-------|----------|------------|----------|---------|
| 1 | 244 | Fischer, Sophie | TC FIKO Rostock | MV | 97 | W16 1 | 10:21 1 | 36:35 1 | 21:52 1 | 1:08:48 |
| 2 | 311 | Kühdeisch, Nancy | Team Erdinger Alkoholfr | HH | 77 | W35 1 | 11:16 2 | 41:34 6 | 26:19 15 | 1:19:09 |
| 3 | 366 | Oprotkowitz, Andrea | tg trizack | MV | 89 | W25 1 | 13:56 8 | 41:53 8 | 23:24 2 | 1:19:13 |
| 4 | 333 | Kühl, Agnes | SC Neubrandenburg | MV | 71 | W40 1 | 14:59 11 | 38:35 2 | 26:39 17 | 1:20:13 |
| 5 | 365 | Starck, Birgit | Doberaner SV | MV | 66 | W45 1 | 16:04 17 | 40:35 4 | 24:06 3 | 1:20:45 |
| 6 | 339 | Pflücker, Dagmar | TriSportSchwerin | MV | 72 | W40 2 | 12:47 4 | 41:42 7 | 27:13 19 | 1:21:42 |
| 7 | 347 | Frommholz, Conny | Hamburg | HH | 80 | W30 1 | 15:41 14 | 40:07 3 | 25:56 11 | 1:21:44 |
| 8 | 390 | Berndt, Silke | TG triZack Rostock | MV | 68 | W45 2 | 15:45 16 | 40:54 5 | 26:13 13 | 1:22:52 |
| 9 | 374 | Ludewigs, Mandy | Berlin | BE | 81 | W30 2 | 12:52 5 | 43:26 11 | 27:56 21 | 1:24:14 |
| 10 | 247 | Schannewitzky, Uta | Berlin | BE | 69 | W45 3 | 16:17 20 | 43:20 9 | 24:53 5 | 1:24:30 |
| 11 | 384 | Feldmann, Maria | Berlin | BE | 88 | W25 2 | 16:14 19 | 43:24 10 | 25:07 7 | 1:24:45 |
| 12 | 317 | Harbrecht, Ina | SV Breitling Rostock | MV | 64 | W50 1 | 13:13 7 | 45:29 17 | 26:11 12 | 1:24:53 |
| 13 | 260 | Purwin, Jette | Groß Grabow | MV | 98 | W16 2 | 12:54 6 | 45:55 20 | 26:25 16 | 1:25:14 |
| 14 | 259 | Kohlen, Juliane | DLRG Wismar | MV | 97 | W16 3 | 14:22 10 | 46:53 23 | 24:16 4 | 1:25:31 |
| 15 | 363 | Schierz, Petra | Rostock | MV | 73 | W40 3 | 15:44 15 | 44:18 13 | 25:32 9 | 1:25:34 |
| 16 | 375 | Vibrans, Johanna | Team Kladow | BB | 86 | W25 3 | 16:52 25 | 44:21 14 | 24:57 6 | 1:26:10 |
| 17 | 370 | Pospech, Jola | Rostock | MV | 86 | W25 4 | 12:34 3 | 44:12 12 | 30:04 28 | 1:26:50 |
| 18 | 268 | Purwin, Lina | Groß Grabow | MV | 94 | W20 1 | 14:19 9 | 44:24 15 | 29:27 25 | 1:28:10 |
| 19 | 348 | Schröder, Thekla | Rostock | MV | 85 | W25 5 | 17:08 26 | 45:43 19 | 25:25 8 | 1:28:16 |
| 20 | 278 | Schomann, Ulrike | Tramm | MV | 69 | W45 4 | 18:16 30 | 45:30 18 | 25:45 10 | 1:29:31 |
| 21 | 277 | Neumann, Cornelia | VfL Burg Stargard | MV | 77 | W35 2 | 18:15 29 | 44:32 16 | 27:05 18 | 1:29:52 |
| 22 | 236 | Richter, Katrin | Triathlon Potsdam | BB | 74 | W40 4 | 15:21 12 | 46:15 21 | 28:54 24 | 1:30:30 |
| 23 | 245 | Fischer, Nannett | Krakow am See | MV | 71 | W40 5 | 16:23 22 | 47:41 24 | 28:19 22 | 1:32:23 |
| 24 | 310 | Hoelow, Nadine | trisport stove e.V. | SH | 83 | W30 3 | 21:51 33 | 46:20 22 | 26:17 14 | 1:34:28 |
| 25 | 258 | Kohlen, Kathrin | DLRG Wismar | MV | 66 | W45 5 | 16:12 18 | 48:11 26 | 30:13 29 | 1:34:36 |
| 26 | 352 | Bree, Christin | Rostock | MV | 82 | W30 4 | 16:22 21 | 47:43 25 | 30:43 31 | 1:34:48 |
| 27 | 344 | Schmode, Stella | Rostock | MV | 85 | W25 6 | 16:33 23 | 50:15 27 | 29:52 27 | 1:36:40 |
| 28 | 246 | Hübener, Anna Maria | Tri Fun Güstrow | MV | 82 | W30 5 | 17:24 27 | 50:50 29 | 30:25 30 | 1:38:39 |
| 29 | 362 | König, Anja | Krakow am See | MV | 86 | W25 7 | 18:34 31 | 52:19 30 | 28:38 23 | 1:39:31 |
| 30 | 385 | Malysheva, Olga | Leipzig | SN | 67 | W45 6 | 23:10 36 | 50:15 27 | 29:32 26 | 1:42:57 |
| 31 | 294 | Geske, Tina | Lohmen | MV | 74 | W40 6 | 19:57 32 | 58:10 32 | 27:41 20 | 1:45:48 |
| 32 | 232 | Geske, Nadine | Kielersprotte | BE | 83 | W30 6 | 16:46 24 | 53:56 31 | 42:49 36 | 1:53:31 |
| 33 | 349 | Frank-Werner, Annett | Erfurt | TH | 73 | W40 7 | 15:30 13 | 1:02:33 33 | 39:03 35 | 1:57:06 |
| 34 | 252 | Kopp, Johanna Sophia | Kirch Rosin | MV | 96 | W18 1 | 18:00 28 | 1:02:58 34 | 37:16 34 | 1:58:14 |
| 35 | 295 | Hubrich, Doreen | Beselin | MV | 71 | W40 8 | 22:54 34 | 1:04:15 35 | 33:07 32 | 2:00:16 |
| 36 | 296 | Oestreich, Anna | Beselin | MV | 97 | W16 4 | 22:55 35 | 1:04:15 35 | 35:31 33 | 2:02:41 |

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Ergebnisliste - Jugend A männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|-----------------|------|----|-------|---------|---------|---------|---------|
| 1 | 274 | Schlosser, Albert | Tri Fun Güstrow | MV | 98 | M16 1 | 17:39 2 | 37:08 1 | 22:35 1 | 1:17:22 |
| 2 | 255 | Schätz, Henning | Mühl Rosin | MV | 97 | M16 2 | 12:53 1 | 50:25 2 | 28:49 2 | 1:32:07 |

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Ergebnisliste - Jugend A weibl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|-----------------|------|----|-----|---------|-----------|---------|-----------|
| 1 | 244 | Fischer, Sophie | TC FIKO Rostock | MV | 97 | W16 | 1 10:21 | 1 36:35 | 1 21:52 | 1 1:08:48 |
| 2 | 260 | Purwin, Jette | Groß Grabow | MV | 98 | W16 | 2 12:54 | 2 45:55 | 2 26:25 | 3 1:25:14 |
| 3 | 259 | Kohlen, Juliane | DLRG Wismar | MV | 97 | W16 | 3 14:22 | 3 46:53 | 3 24:16 | 2 1:25:31 |
| 4 | 296 | Oestreich, Anna | Beselin | MV | 97 | W16 | 4 22:55 | 4 1:04:15 | 4 35:31 | 4 2:02:41 |

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Ergebnisliste - Junioren

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------|--------------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 306 | Keller, Brun | Trisport Stove e.V | MV | 95 | M18 | 1 15:26 | 1 35:14 | 1 20:51 | 1 1:11:31 |

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Ergebnisliste - Juniorinnen

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-------------|------|----|-----|---------|-----------|---------|-----------|
| 1 | 252 | Kopp, Johanna Sophia | Kirch Rosin | MV | 96 | W18 | 1 18:00 | 1 1:02:58 | 1 37:16 | 1 1:58:14 |

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Ergebnisliste - Alterskl. 1 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|---------------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 386 | Rolff, Benjamin | Fürstenberg | BB | 90 | M20 | 1 13:54 | 1 36:45 | 1 22:15 | 2 1:12:54 |
| 2 | 308 | Rieck, Jan | Rostock | MV | 90 | M20 | 2 14:04 | 2 39:29 | 3 23:41 | 3 1:17:14 |
| 3 | 290 | Komm, Mario | trisport stove e.V. | MV | 90 | M20 | 3 18:51 | 6 38:48 | 2 20:54 | 1 1:18:33 |
| 4 | 273 | Wähner, Philipp | Hamburg | HH | 92 | M20 | 4 15:02 | 3 41:17 | 4 26:01 | 6 1:22:20 |
| 5 | 334 | Sauer, Christoph | Perow | MV | 90 | M20 | 5 18:24 | 5 42:53 | 5 23:45 | 4 1:25:02 |
| 6 | 307 | Pett, David | Rostock | MV | 90 | M20 | 6 18:22 | 4 44:12 | 6 24:44 | 5 1:27:18 |

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Ergebnisliste - Alterskl. 1 weibl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------|-------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 268 | Purwin, Lina | Groß Grabow | MV | 94 | W20 | 1 14:19 | 1 44:24 | 1 29:27 | 1 1:28:10 |

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Ergebnisliste - Alterskl. 2 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit | |
|-----|-----|-----------------------|---------------------|------|----|-----|---------|---------|---------|-----------|---|
| 1 | 372 | Oranienburg, Kim | Tri Team Hamburg | HH | 89 | M25 | 1 10:35 | 1 33:52 | 1 19:28 | 1 1:03:55 | |
| 2 | 355 | Utes, Maik | Doberaner SV | MV | 85 | M25 | 2 14:09 | 3 36:59 | 2 20:28 | 2 1:11:36 | |
| 3 | 330 | Wölkerling, Heiko | Schönberg | MV | 85 | M25 | 3 15:49 | 7 37:56 | 3 21:25 | 3 1:15:10 | |
| 4 | 377 | Schweitzer, Jan | DLRG Rostock | MV | 85 | M25 | 4 12:50 | 2 40:03 | 4 23:30 | 4 1:16:23 | |
| 5 | 353 | Radeke, Jens | Schwerin | MV | 86 | M25 | 5 16:06 | 8 40:07 | 5 25:06 | 6 1:21:19 | |
| 6 | 367 | Schulert, Philipp | Dragun OT Vietlütbe | MV | 86 | M25 | 6 14:15 | 4 41:36 | 6 25:45 | 7 1:21:36 | |
| 7 | 383 | Eschenburg, Christoph | Turbo bete | BE | 88 | M25 | 7 15:47 | 6 43:55 | 7 23:33 | 5 1:23:15 | |
| 8 | 378 | Jähnig, André | Avocis Rostock GmbH | MV | 85 | M25 | 8 15:01 | 5 46:50 | 8 26:56 | 8 1:28:47 | |
| DNF | 350 | Grewé, Christian | Rostock | MV | 88 | M25 | - 13:58 | - | - | - | - |

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Ergebnisliste - Alterskl. 2 weibl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|---------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 366 | Oprotkowitz, Andrea | tg trizack | MV | 89 | W25 | 1 13:56 | 2 41:53 | 1 23:24 | 1 1:19:13 |
| 2 | 384 | Feldmann, Maria | Berlin | BE | 88 | W25 | 2 16:14 | 3 43:24 | 2 25:07 | 3 1:24:45 |
| 3 | 375 | Vibrans, Johanna | Team Kladow | BB | 86 | W25 | 3 16:52 | 5 44:21 | 4 24:57 | 2 1:26:10 |
| 4 | 370 | Pospech, Jola | Rostock | MV | 86 | W25 | 4 12:34 | 1 44:12 | 3 30:04 | 7 1:26:50 |
| 5 | 348 | Schröder, Thekla | Rostock | MV | 85 | W25 | 5 17:08 | 6 45:43 | 5 25:25 | 4 1:28:16 |
| 6 | 344 | Schmode, Stella | Rostock | MV | 85 | W25 | 6 16:33 | 4 50:15 | 6 29:52 | 6 1:36:40 |
| 7 | 362 | König, Anja | Krakow am See | MV | 86 | W25 | 7 18:34 | 7 52:19 | 7 28:38 | 5 1:39:31 |

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Ergebnisliste - Alterskl. 3 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------------|------------------------|------|----|-----|----------|----------|----------|------------|
| 1 | 303 | Lange, Stefan | Tri-Sport Schwerin | MV | 81 | M30 | 1 16:05 | 4 35:26 | 1 19:42 | 2 1:11:13 |
| 2 | 280 | Haack, Christoph | Güstrow | MV | 82 | M30 | 2 15:58 | 3 37:33 | 2 19:04 | 1 1:12:35 |
| 3 | 379 | Wendler, Christian | Grimmen | MV | 83 | M30 | 3 16:21 | 7 38:17 | 3 19:51 | 3 1:14:29 |
| 4 | 292 | Czarnetzki, Markus | Halle | ST | 80 | M30 | 4 16:09 | 5 40:57 | 7 22:18 | 4 1:19:24 |
| 5 | 342 | Bernhardt, Stefan | Rote Rakete Racing Tea | MV | 81 | M30 | 5 14:41 | 1 38:37 | 4 26:07 | 10 1:19:25 |
| 6 | 380 | Mampe, Sven | Team "dabei is alles" | MV | 82 | M30 | 6 16:20 | 6 40:29 | 6 23:26 | 8 1:20:15 |
| 7 | 234 | Erleben, Jens | Pastin | MV | 81 | M30 | 7 17:04 | 9 38:38 | 5 23:41 | 9 1:20:23* |
| 8 | 341 | Stegmann, Martin | Rote Rakete Racing Tea | MV | 82 | M30 | 8 16:28 | 8 41:48 | 9 22:36 | 5 1:20:52 |
| 9 | 287 | Pätzelt, Frank | Hamburg | HH | 81 | M30 | 9 18:58 | 11 41:57 | 10 22:51 | 6 1:23:46 |
| 10 | 376 | Radewaldt, Konstantin | Team Kladow | BE | 81 | M30 | 10 15:27 | 2 41:20 | 8 28:34 | 11 1:25:21 |
| 11 | 357 | Sauritz, Mathias | Bülower Burg | MV | 80 | M30 | 11 17:15 | 10 45:35 | 11 23:11 | 7 1:26:01 |

* Endzeit beinhaltet Zeitstrafe

Jedermann Distanz am 09.08.2014

Ergebnisliste - Alterskl. 3 weibl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|---------------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 347 | Frommholz, Conny | Hamburg | HH | 80 | W30 | 1 15:41 | 2 40:07 | 1 25:56 | 1 1:21:44 |
| 2 | 374 | Ludewigs, Mandy | Berlin | BE | 81 | W30 | 2 12:52 | 1 43:26 | 2 27:56 | 3 1:24:14 |
| 3 | 310 | Hoelow, Nadine | trisport stove e.V. | SH | 83 | W30 | 3 21:51 | 6 46:20 | 3 26:17 | 2 1:34:28 |
| 4 | 352 | Bree, Christin | Rostock | MV | 82 | W30 | 4 16:22 | 3 47:43 | 4 30:43 | 5 1:34:48 |
| 5 | 246 | Hübener, Anna Maria | Tri Fun Güstrow | MV | 82 | W30 | 5 17:24 | 5 50:50 | 5 30:25 | 4 1:38:39 |
| 6 | 232 | Geske, Nadine | Kielersprotte | BE | 83 | W30 | 6 16:46 | 4 53:56 | 6 42:49 | 6 1:53:31 |

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Ergebnisliste - Alterskl. 4 männl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------------|---------------------|------|----|-----|----------|----------|----------|------------|
| 1 | 281 | Jendretzki, Gero | TSG Burg Gretesch | NDS | 79 | M35 | 1 11:14 | 1 34:06 | 1 18:09 | 1 1:03:29 |
| 2 | 381 | Süssig, Marco | tg trizack | MV | 77 | M35 | 2 12:27 | 2 35:07 | 2 20:48 | 2 1:08:22 |
| 3 | 309 | Quandt, Jens | Sternberg | MV | 79 | M35 | 3 12:40 | 3 38:20 | 5 21:27 | 4 1:12:27 |
| 4 | 305 | Rambow, Stephan | Groß Wüstenfelde | MV | 75 | M35 | 4 14:18 | 4 35:25 | 3 23:14 | 5 1:12:57 |
| 5 | 315 | Ratjen, Philipp | Klein-Upahl | MV | 79 | M35 | 5 16:11 | 9 37:30 | 4 21:24 | 3 1:15:05 |
| 6 | 266 | Kramer, Stephan | Güstrow | MV | 76 | M35 | 6 14:32 | 6 38:55 | 6 23:48 | 8 1:17:15 |
| 7 | 276 | Schmettau, Ulf | SV Nikar Heidelberg | BW | 76 | M35 | 7 14:26 | 5 40:33 | 7 24:48 | 10 1:19:47 |
| 8 | 364 | Delkujs, Stephan | Schwerin | MV | 78 | M35 | 8 16:08 | 8 41:43 | 8 24:17 | 9 1:22:08 |
| 9 | 299 | González Díaz, Luis Albe | Retschow | MV | 75 | M35 | 9 16:50 | 10 42:45 | 10 23:41 | 7 1:23:16 |
| 10 | 340 | Wagner, Peter | Rostock | MV | 78 | M35 | 10 15:57 | 7 42:34 | 9 25:06 | 11 1:23:37 |
| 11 | 335 | Sagl, Robert | tri-sport stove.e.V | MV | 76 | M35 | 11 17:00 | 11 43:04 | 11 23:40 | 6 1:23:44 |

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Ergebnisliste - Alterskl. 4 weibl.

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|-------------------------|------|----|-------|---------|---------|---------|---------|
| 1 | 311 | Kühdeisch, Nancy | Team Erdinger Alkoholfr | HH | 77 | W35 1 | 11:16 1 | 41:34 1 | 26:19 1 | 1:19:09 |
| 2 | 277 | Neumann, Cornelia | VfL Burg Stargard | MV | 77 | W35 2 | 18:15 2 | 44:32 2 | 27:05 2 | 1:29:52 |

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Ergebnisliste - Senioren 1

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|-------------------------|------|----|--------|----------|----------|----------|---------|
| 1 | 312 | Winkelmann, Olaf | BSG Hamburg Wasser | MV | 70 | M40 1 | 13:55 3 | 35:17 1 | 20:24 2 | 1:09:36 |
| 2 | 328 | Boden, Michael | LSV Teterow | MV | 71 | M40 2 | 14:40 7 | 36:21 3 | 19:50 1 | 1:10:51 |
| 3 | 238 | Pötsch, Rinaldo | TC FIKO Rostock | MV | 70 | M40 3 | 13:37 2 | 36:58 5 | 22:40 7 | 1:13:15 |
| 4 | 237 | Truckenbrodt, Frank | Berlin | BE | 70 | M40 4 | 15:33 10 | 36:21 3 | 21:37 5 | 1:13:31 |
| 5 | 235 | Deißler, Alexander | Trisport Schwerin | MV | 73 | M40 5 | 14:44 8 | 35:36 2 | 23:46 9 | 1:14:06 |
| 6 | 289 | Rösner, Ralph | LAC Mühl Rosin | MV | 73 | M40 6 | 15:42 11 | 37:46 7 | 21:36 4 | 1:15:04 |
| 7 | 351 | Jabs, Andreas | Sarmstorf | MV | 74 | M40 7 | 14:03 4 | 39:26 10 | 21:37 5 | 1:15:06 |
| 8 | 231 | Schwanz, Heiko | Güstrow | MV | 73 | M40 8 | 14:33 5 | 37:02 6 | 26:09 14 | 1:17:44 |
| 9 | 270 | Markawissuk, Jirka | Glinde | SH | 72 | M40 9 | 15:48 12 | 38:47 8 | 23:20 8 | 1:17:55 |
| 10 | 318 | Nath, Andreas | Güstrow | MV | 71 | M40 10 | 14:39 6 | 39:07 9 | 25:58 11 | 1:19:44 |
| 11 | 313 | Wohlatz, Torsten | FHSG Stralsund | MV | 71 | M40 11 | 16:59 13 | 42:06 12 | 21:06 3 | 1:20:11 |
| 12 | 263 | Schulz, Rüdiger | Güstrow | MV | 70 | M40 12 | 13:34 1 | 43:38 14 | 26:02 12 | 1:23:14 |
| 13 | 293 | Kiel, Bernd | Krakow am See | MV | 70 | M40 13 | 14:52 9 | 42:33 13 | 26:04 13 | 1:23:29 |
| 14 | 261 | Wendtland, Thomas | TG triZack Rostock e.V. | MV | 71 | M40 14 | 19:14 14 | 40:56 11 | 24:51 10 | 1:25:01 |
| 15 | 316 | Rößler, Dirk | Güstrow | MV | 71 | M40 15 | 19:20 15 | 46:44 15 | 31:00 15 | 1:37:04 |

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Ergebnisliste - Seniorinnen 1

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-------------------|------|----|-------|---------|-----------|---------|---------|
| 1 | 333 | Kühl, Agnes | SC Neubrandenburg | MV | 71 | W40 1 | 14:59 2 | 38:35 1 | 26:39 2 | 1:20:13 |
| 2 | 339 | Pflücker, Dagmar | TriSportSchwerin | MV | 72 | W40 2 | 12:47 1 | 41:42 2 | 27:13 3 | 1:21:42 |
| 3 | 363 | Schierz, Petra | Rostock | MV | 73 | W40 3 | 15:44 5 | 44:18 3 | 25:32 1 | 1:25:34 |
| 4 | 236 | Richter, Katrin | Triathlon Potsdam | BB | 74 | W40 4 | 15:21 3 | 46:15 4 | 28:54 6 | 1:30:30 |
| 5 | 245 | Fischer, Nannett | Krakow am See | MV | 71 | W40 5 | 16:23 6 | 47:41 5 | 28:19 5 | 1:32:23 |
| 6 | 294 | Geske, Tina | Lohmen | MV | 74 | W40 6 | 19:57 7 | 58:10 6 | 27:41 4 | 1:45:48 |
| 7 | 349 | Frank-Werner, Annett | Erfurt | TH | 73 | W40 7 | 15:30 4 | 1:02:33 7 | 39:03 8 | 1:57:06 |
| 8 | 295 | Hubrich, Doreen | Beselin | MV | 71 | W40 8 | 22:54 8 | 1:04:15 8 | 33:07 7 | 2:00:16 |

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Ergebnisliste - Senioren 2

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|--------------------|------|----|--------|----------|----------|----------|---------|
| 1 | 323 | Schulenburg, Jan | Rostock | MV | 68 | M45 1 | 12:28 1 | 34:09 1 | 20:32 2 | 1:07:09 |
| 2 | 345 | Wurm, Andreas | LSV Güstrow | MV | 69 | M45 2 | 13:57 2 | 36:53 2 | 21:50 5 | 1:12:40 |
| 3 | 321 | Steinhöfel, Jörg | PSV Neustrelitz | MV | 69 | M45 3 | 14:36 5 | 37:34 3 | 22:18 6 | 1:14:28 |
| 4 | 343 | Ernst, Frank | DLRG Stralsund | MV | 67 | M45 4 | 15:10 8 | 38:41 4 | 21:40 4 | 1:15:31 |
| 5 | 284 | Petersen, Axel | Güstrow | MV | 65 | M45 5 | 14:53 6 | 39:41 5 | 22:57 7 | 1:17:31 |
| 6 | 241 | Janke, Stefan | MSV Mölln | SH | 69 | M45 6 | 14:17 4 | 39:49 6 | 24:43 12 | 1:18:49 |
| 7 | 267 | Glaserapp, Jörg | Groß Grabow | MV | 67 | M45 7 | 16:49 9 | 42:32 12 | 19:33 1 | 1:18:54 |
| 8 | 264 | David, Maik | Wismar | MV | 65 | M45 8 | 19:03 12 | 41:19 10 | 21:32 3 | 1:21:54 |
| 9 | 271 | Bloß, Hans-Ulrich | TG triZack Rostock | MV | 65 | M45 9 | 15:09 7 | 40:58 8 | 26:51 14 | 1:22:58 |
| 10 | 242 | Thiede, Bernd | MSV Mölln | SH | 67 | M45 10 | 14:13 3 | 40:03 7 | 29:10 15 | 1:23:26 |
| 11 | 326 | Oswald, Thomas | TC FIKO Rostock | MV | 68 | M45 11 | 19:09 13 | 40:58 8 | 25:13 13 | 1:25:20 |
| 12 | 319 | Schwartz, Ingolf | Güstrow | MV | 65 | M45 12 | 18:26 11 | 42:36 13 | 24:31 11 | 1:25:33 |
| 13 | 346 | Bannier, Jörg | SV Einheit Güstrow | MV | 66 | M45 13 | 17:51 10 | 44:12 14 | 24:10 10 | 1:26:13 |
| 14 | 300 | Beckhoff, Norbert | Schwetzin | MV | 69 | M45 14 | 20:36 16 | 42:00 11 | 23:38 9 | 1:26:14 |
| 15 | 250 | Beese, Knut | Güstrow | MV | 68 | M45 15 | 19:47 15 | 45:47 16 | 23:20 8 | 1:28:54 |

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Ergebnisliste - Senioren 2

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|-------------------|------|----|--------|----------|----------|----------|---------|
| 16 | 325 | Vegetahn, Dirk | Neoprenallergiker | BE | 69 | M45 16 | 19:21 14 | 45:34 15 | 29:14 16 | 1:34:09 |
| 17 | 338 | Mandl, Dirk | TriAs Hildesheim | NI | 66 | M45 17 | 26:31 17 | 59:04 17 | 41:22 17 | 2:06:57 |

Jedermann Distanz am 09.08.2014
Ergebnisliste - Seniorinnen 2

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|--------------------|------|----|-------|---------|---------|---------|---------|
| 1 | 365 | Starck, Birgit | Doberaner SV | MV | 66 | W45 1 | 16:04 2 | 40:35 1 | 24:06 1 | 1:20:45 |
| 2 | 390 | Berndt, Silke | TG triZack Rostock | MV | 68 | W45 2 | 15:45 1 | 40:54 2 | 26:13 4 | 1:22:52 |
| 3 | 247 | Schannewitzky, Uta | Berlin | BE | 69 | W45 3 | 16:17 4 | 43:20 3 | 24:53 2 | 1:24:30 |
| 4 | 278 | Schomann, Ulrike | Tramm | MV | 69 | W45 4 | 18:16 5 | 45:30 4 | 25:45 3 | 1:29:31 |
| 5 | 258 | Kohlen, Kathrin | DLRG Wismar | MV | 66 | W45 5 | 16:12 3 | 48:11 5 | 30:13 6 | 1:34:36 |
| 6 | 385 | Malysheva, Olga | Leipzig | SN | 67 | W45 6 | 23:10 6 | 50:15 6 | 29:32 5 | 1:42:57 |

Jedermann Distanz am 09.08.2014
Ergebnisliste - Senioren 3

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|--------------------------|------|----|--------|----------|----------|----------|---------|
| 1 | 373 | Weyland, Karsten | Ratzeburger SV Triathlon | SH | 61 | M50 1 | 12:37 1 | 37:07 1 | 21:25 1 | 1:11:09 |
| 2 | 302 | Eberhardt, Mario | LC Michendorf | BB | 63 | M50 2 | 15:46 5 | 38:19 2 | 22:32 2 | 1:16:37 |
| 3 | 322 | Kowalk, Fred | SV HK Stralsund | MV | 63 | M50 3 | 14:12 2 | 39:09 4 | 23:50 4 | 1:17:11 |
| 4 | 369 | Reimann, Ralf | Mühl Rosin | MV | 63 | M50 4 | 15:36 4 | 38:52 3 | 24:07 5 | 1:18:35 |
| 5 | 356 | Hitzbleck, Henrik | Berlin | BE | 60 | M50 5 | 15:34 3 | 39:31 5 | 25:04 8 | 1:20:09 |
| 6 | 254 | Schätz, Rainer | Mühl Rosin | MV | 63 | M50 6 | 17:01 8 | 42:05 8 | 23:49 3 | 1:22:55 |
| 7 | 251 | Meibauer, Matthias | Schmarsow | MV | 64 | M50 7 | 18:27 10 | 39:47 6 | 24:49 7 | 1:23:03 |
| 8 | 272 | Hillmann, Thomas | Wismar | MV | 60 | M50 8 | 18:23 9 | 42:35 9 | 24:10 6 | 1:25:08 |
| 9 | 382 | Kelm, Michael | SV Groß Wokern | MV | 61 | M50 9 | 18:28 11 | 41:48 7 | 26:12 10 | 1:26:28 |
| 10 | 331 | Marklein, Steffen | Klein Grenz | MV | 61 | M50 10 | 16:39 7 | 45:37 11 | 26:50 11 | 1:29:06 |
| 11 | 282 | Rückert, Holger | Jatznick | MV | 63 | M50 11 | 16:34 6 | 47:24 12 | 28:07 12 | 1:32:05 |
| 12 | 329 | Peters, Jörg | Mühl Rosin | MV | 64 | M50 12 | 26:26 13 | 44:47 10 | 25:46 9 | 1:36:59 |
| 13 | 354 | Schilf, Helge | Freizeit | MV | 62 | M50 13 | 19:36 12 | 55:26 13 | 28:44 13 | 1:43:46 |

Jedermann Distanz am 09.08.2014
Ergebnisliste - Seniorinnen 3

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|----------------------|------|----|-------|---------|---------|---------|---------|
| 1 | 317 | Harbrecht, Ina | SV Breitling Rostock | MV | 64 | W50 1 | 13:13 1 | 45:29 1 | 26:11 1 | 1:24:53 |

Jedermann Distanz am 09.08.2014
Ergebnisliste - Senioren 4

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|--------------------|------|----|-------|---------|---------|---------|---------|
| 1 | 359 | Albrecht, André | TC FIKO Rostock | MV | 58 | M55 1 | 16:24 1 | 36:46 1 | 23:45 2 | 1:16:55 |
| 2 | 371 | Brümmer, Klaus | Rostock | MV | 58 | M55 2 | 18:25 4 | 41:28 2 | 23:24 1 | 1:23:17 |
| 3 | 358 | Keller, Gerald | trispot stove e.V. | MV | 59 | M55 3 | 17:56 3 | 41:47 3 | 27:06 6 | 1:26:49 |
| 4 | 368 | Bußmann, Jörg | Tri Fun Güstrow | MV | 55 | M55 4 | 18:54 6 | 43:17 4 | 24:40 4 | 1:26:51 |
| 5 | 262 | Patzig, Günther | Berlin | MV | 57 | M55 5 | 16:41 2 | 45:32 5 | 25:08 5 | 1:27:21 |
| 6 | 256 | Fuchs, Arnold | LSV Güstrow | MV | 56 | M55 6 | 18:29 5 | 46:37 6 | 24:33 3 | 1:29:39 |

Jedermann Distanz am 09.08.2014

Ergebnisliste - Senioren 5

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------------|------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 243 | Peemöller, Hans Herman | HT16 | HH | 54 | M60 | 1 16:29 | 1 39:31 | 1 22:59 | 1 1:18:59 |

Jedermann Distanz am 09.08.2014

Ergebnisliste - Senioren 6

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|-------------------------|------|----|-----|---------|---------|-----------|-----------|
| 1 | 288 | Dr. Kühne, Jürgen | HSG Uni Greifswald | MV | 49 | M65 | 1 16:19 | 1 41:34 | 2 27:33 | 1:25:26 |
| 2 | 285 | Taubert, Hans-Georg | SV Hanse-Klinikum Stral | MV | 46 | M65 | 2 20:18 | 4 50:10 | 1 27:14 | 1:37:42 |
| 3 | 291 | Czarnetzki, Joachim | Tri Fun Güstrow | MV | 47 | M65 | 3 23:20 | 6 - | - 1:17:12 | 1:40:32 |
| 4 | 327 | Hölscher, Wolfgang | Berlin | MV | 48 | M65 | 4 20:17 | 3 45:12 | 2 35:19 | 5 1:40:48 |
| 5 | 336 | Bargel, Dieter | LSV Teterow | MV | 46 | M65 | 5 23:19 | 5 47:40 | 3 32:32 | 4 1:43:31 |
| 6 | 286 | Wolff, Günter | LSV Güstrow | MV | 46 | M65 | 6 19:31 | 2 56:21 | 5 32:23 | 3 1:48:15 |

Jedermann Distanz am 09.08.2014

Ergebnisliste - Senioren 7

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|-----------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 253 | Lierow, Wolfgang | Tri Fun Güstrow | MV | 42 | M70 | 1 16:25 | 1 36:16 | 1 24:05 | 1 1:16:46 |
| 2 | 361 | Strenziok, Rolf | SV Warnemünde | MV | 44 | M70 | 2 20:39 | 2 56:07 | 2 35:53 | 2 1:52:39 |

Jedermann Distanz am 09.08.2014

Ergebnisliste - Senioren 8

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------------|-----------------|------|----|-----|---------|---------|---------|-----------|
| 1 | 304 | Langschwager, Wolfgang | TC FIKO Rostock | MV | 39 | M75 | 1 21:52 | 1 48:08 | 1 30:50 | 1 1:40:50 |

Staffel am 09.08.2014

Ergebnisliste Staffel

| Rng | Snr | Verein/Ort | Teilnehmer 1 | Swim | Teilnehmer 2 | Bike | Teilnehmer 3 | Run | Endzeit |
|-----|-----|-------------------------|-----------------------|-------|----------------------|-------|------------------|-------|---------|
| 1 | 394 | equipo RyM | Jänicke,Ralf | 10:22 | Levy,Maximilian | 32:55 | Levy,Madeleine | 20:14 | 1:03:31 |
| 2 | 400 | TEAM City-Sport Rostock | Werth,Nicola | 11:27 | Löwenhagen,Martin (L | 35:58 | Taurorat,Carsten | 17:07 | 1:04:32 |
| 3 | 265 | Güstrow Kurzfristig | Knoll,Tobias | 9:43 | Kiesewetter,Klaus | 39:49 | Michel,Laura | 19:02 | 1:08:34 |
| 4 | 324 | Free Tibet Team | Paschenka,X | 9:45 | Seidel,x | 31:09 | Vogel,X | 28:03 | 1:08:57 |
| 5 | 389 | two Man Group | Raddatz,Jörg | 14:53 | Raddatz,Volker | 37:25 | Raddatz,Jörg | 19:52 | 1:12:10 |
| 6 | 395 | Papendorfer Haie | Dr.Mäß, Frank-Michael | 15:03 | Reinshagen, Frank | 39:22 | Möller, Volkmar | 19:50 | 1:14:15 |
| 7 | 396 | Die Wasserradläufer | Schmidt,Axel | 13:46 | Brümmer,Kurt | 40:58 | Trapp,Maximilian | 22:21 | 1:17:05 |
| 8 | 398 | Team Kaspar | Leist,Susanne | 13:04 | Meliß,Nadine | 44:05 | Passehl,Anja | 23:52 | 1:21:01 |
| 9 | 397 | Tri, Tra und Trulla | Beier,Martin | 12:54 | Beier,Christian | 41:46 | Neumärker,Sina | 28:01 | 1:22:41 |
| 10 | 392 | JuRoPa | Purwin,Jule | 16:35 | Glasenapp,Paul | 44:41 | Ronja,Purwin | 22:02 | 1:23:18 |
| 11 | 393 | Tri-FOX | Schuknecht, Tom | 14:13 | Karabinski,Rike | 48:20 | Lösch,Silvia | 25:05 | 1:27:38 |
| 12 | 391 | Die DREI | Schätz,Hendrikje | 17:10 | Quandt,Cindy | 42:09 | Gabriel,Simone | 29:44 | 1:29:03 |
| 13 | 275 | Barstadt Tromp Wacker | Tromp,Emily | 18:25 | Barstedt,Veit | 40:55 | Wacker,Kerstin | 34:30 | 1:33:50 |
| 14 | 399 | De Heidehopper's | Satzky,Seraphin | 14:50 | Satzky,Anka | 57:30 | Satzky,Seraphin | 23:33 | 1:35:53 |